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DEVOTIONS

**MORE
POWER
TO
YOU**

DECLARATIONS TO BREAK FREE

FROM FEAR &

TAKE BACK YOUR LIFE

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A PDF COMPANION TO THE AUDIOBOOK

THE 90-SECOND DAILY CHALLENGE: POWERFUL DAILY DECLARATIONS WITH SCRIPTURE REFERENCES

- ✧ **Jesus is King of my life** (Exodus 20:3; Psalm 29:10–11; Acts 2:33–36; Revelation 5:11–14).
- ✧ **I am who Christ says I am** (Ephesians 1:13–14; Colossians 3:3, 12; 1 Peter 2:9).
- ✧ **I take every thought captive** (Lamentations 3:20–24; Romans 12:2; 2 Corinthians 10:5; Philippians 4:8–9).
- ✧ **I break every agreement that sets itself up against the knowledge of God** (Isaiah 28:15–18, 29; 2 Corinthians 6:16; 10:5; Hebrews 12:1–3; 1 John 5:6–12, 20).
- ✧ **My purpose is to love, serve, glorify, and enjoy God forever** (Deuteronomy 6:4–5; Joshua 22:5; Psalm 37:4; 100:1–5; Isaiah 61:10; Matthew 22:35–40; Mark 12:28–31; Luke 10:25–28; Acts 17:28; Romans 3:23–24; 1 Corinthians 8:6; 10:31; 1 John 4:19).
- ✧ **I am filled with the Holy Spirit** (John 14:26; 1 Corinthians 6:19; 2 Corinthians 1:21–22; 3:17–18; Galatians 5:25; Ephesians 1:13–14; Titus 3:4–7).
- ✧ **The same power that resurrected Christ from the dead lives in me** (Romans 8:11; Ephesians 1:15–23, especially 19–20; Hebrews 13:20–21).

- ✳️ I am God's beloved child, in whom he is well pleased (Genesis 1:26–31; Psalm 149:4; Zephaniah 3:17; Matthew 3:17; John 1:12–13; 14:18; Ephesians 5:1–2; Colossians 3:12; 1 Thessalonians 1:4; James 1:17–18; 1 John 3:1–3).
- ✳️ I am fearfully and wonderfully made (Genesis 1:26–27; 2:7, 22; Psalm 139:14), beautiful beyond measure (Deuteronomy 7:6; Ecclesiastes 3:11; Song of Songs 4:7; Isaiah 61:1–3; Zechariah 9:16–17; 2 Corinthians 3:18).
- ✳️ The power of God guards my thoughts (Proverbs 2:1–5; 4:20–23; 9:10; Philippians 4:7–8), the Word of God guides my steps (Psalm 119:105; Proverbs 30:5; 1 Thessalonians 2:13; 2 Timothy 3:14–17; Hebrews 4:12), and the favor of God rests on me (Luke 2:14; 2 Corinthians 6:2; Philippians 1:2).
- ✳️ Worry is not my boss (Psalm 27:1; 42:11; 86:5–7; Isaiah 41:10; Matthew 6:25; Philippians 4:6–7).
- ✳️ I trust in the Lord with all my heart and lean not on my own understanding. In all my ways I will acknowledge him, and he will make my paths straight (Psalm 20:7; 28:7; 91:2; Proverbs 3:5–6; Jeremiah 39:18; Nahum 1:7; Romans 15:13).
- ✳️ The Lord is my shepherd. I lack nothing. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul (Psalm 23:1–3; John 10:11, 14–16; Revelation 7:9–17).
- ✳️ God is my strength (Nehemiah 8:10; Psalm 28:7; 73:26; Isaiah 40:28–31; Philippians 4:13), my shield (Psalm 3:3; Proverbs 30:5; Ephesians 6:16). He's always with me (Matthew 28:20; Luke 15:31), always for me (Psalm 56:9; Romans 5:8; 8:31–34), always sees me (Genesis 16:13–14; 1 Samuel 16:7; 2 Chronicles 16:9; Psalm 33:12–15; Luke 1:46–49).

- ✳️ **No weapon formed against me will prosper** (Psalm 91:1–16; Isaiah 2:4; 54:17; Romans 8:35–39; 1 Corinthians 15:50–58; 2 Corinthians 1:21; Ephesians 6:10–18; 2 Timothy 4:18).
- ✳️ **I am anointed, empowered, and called to reach people far from God** (Matthew 28:18–20; Luke 4:18; John 14:12–17; Acts 1:8; Romans 1:16; Ephesians 4:7–13; 2 Peter 1:3).
- ✳️ **My words have power** (Proverbs 18:21; Acts 15:30–34; 1 Thessalonians 5:9–11; Hebrews 3:13; James 5:13–16).
- ✳️ **I will look for every opportunity to speak life** (Proverbs 15:4; 1 Thessalonians 5:16–18), **show compassion** (Matthew 14:14; Philippians 2:1–2; Colossians 3:12), **and bring out the best in others** (Jeremiah 29:7; 1 Corinthians 10:24; Philippians 1:9–10; Colossians 4:6; 1 Thessalonians 5:15).
- ✳️ **Shame is not my master** (Isaiah 61:7; Romans 1:16; 5:5; 9:3–4; 10:11; 2 Timothy 1:12; Hebrews 4:16; 1 Peter 2:6; 1 John 3:20).
- ✳️ **God's power is perfected in my vulnerability** (Romans 8:26; 1 Corinthians 1:26–31; 2 Corinthians 12:9–10; 13:4).
- ✳️ **I refuse to be held hostage by unforgiveness** (Acts 10:43; Romans 8:1; Ephesians 4:32; Colossians 1:13–14). **I will forgive seventy times seven and beyond because I am forgiven** (Matthew 18:21–22; 6:12; Mark 11:25; Colossians 3:13).
- ✳️ **I am an overcomer** (Psalm 30:1–12; 44:1–8; Romans 8:35–39; 1 Corinthians 15:54–57; 1 John 2:12–14; 5:4).
- ✳️ **I refuse to bow my knee to the Accuser, listen to the voice of the Adversary** (John 10:10; Colossians 1:13; 1 Peter 5:8–10), **or flinch in the face of adversity** (Exodus 14:13; 2 Chronicles 20:17; Psalm 20:7–8; Luke 21:17; 1 Corinthians 15:58; 16:13; Philippians 1:27; 2 Thessalonians 2:15; James 5:8; 1 Peter 4:12).

- ✧ God works all things together for my good and his glory
(Psalm 27:13; 44:26; 79:9; Isaiah 58:8; Jeremiah 29:11; John 1:14; 17:24; Romans 5:2; 8:28; 2 Corinthians 4:6, 15; 1 Peter 5:10; Revelation 21:1–5).
- ✧ I will look for the character and competence of God in every situation (Daniel 3:17–18; Luke 1:37; Ephesians 3:20; 1 Timothy 6:13–16; 2 Timothy 1:8–12; Hebrews 7:25).
- ✧ I am on God's offensive team today (Romans 14:8; Galatians 6:10; Ephesians 1:13–14; 6:7; Philippians 1:21–22; 3:13–14; 2 Timothy 4:7).