



DARE TO BLOOM

TRUSTING GOD
THROUGH PAINFUL
ENDINGS AND
NEW BEGINNINGS

ZIM FLORES

A PDF COMPANION TO THE AUDIOBOOK



1

AN
ALL-WEATHER
PURPOSE

Q U E S T I O N S F O R R E F L E C T I O N

Identifying your seasonal purpose will require reflection and tracking, which I share in more detail in an upcoming chapter. For now, consider the following questions:

1. What traits and gifts do you believe God has given you to impact His Kingdom?
2. What has God revealed to you regarding your all-weather purpose and/or your seasonal purposes?
3. What new identity is the Lord trying to get you to grab hold of?



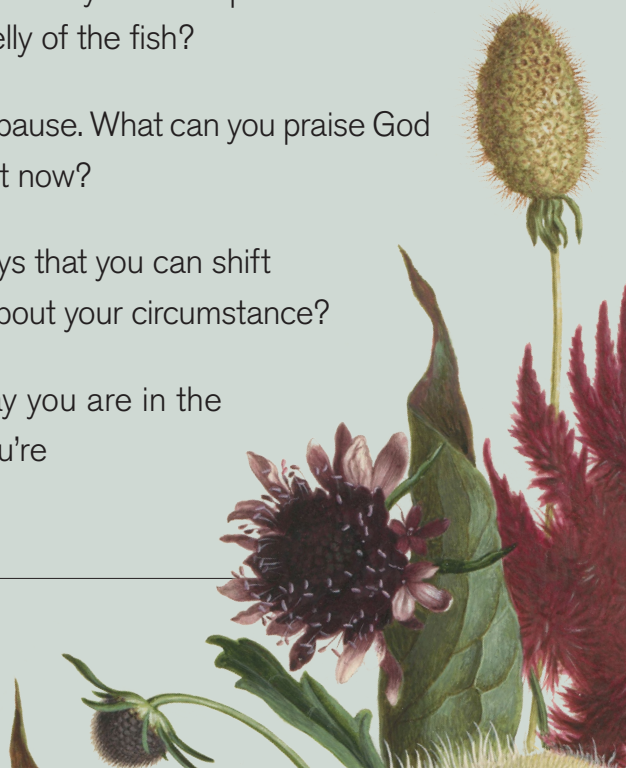


2

SELAH

Q U E S T I O N S F O R R E F L E C T I O N

1. Are you currently going through a trial? What could you do to “gut the fish” and escape your current situation?
2. What traits or habits has God given you that could be useful during a tough season or time of transition?
3. What skills or traits have you developed as a result of staying in the belly of the fish?
4. Take a moment to pause. What can you praise God for—right here, right now?
5. What are three ways that you can shift your perspective about your circumstance?
6. Who does God say you are in the middle of what you’re going through?





3

FRESH
OIL

Q U E S T I O N S F O R R E F L E C T I O N

1. Are you in the middle of an uprooting in your life?
 2. What comforts have you had to give up?
 3. How do you think God is using your story for His glory?
 4. What fresh oil has God poured over you in this season of your life?
 5. Name three character traits you developed in the last challenging season of your life.
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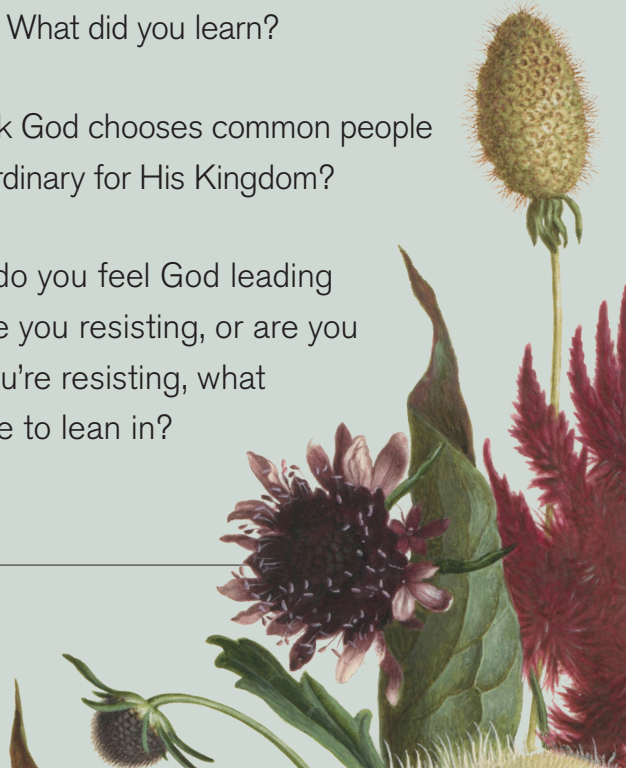


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FROM
CUPBEARER
TO RULER

Q U E S T I O N S F O R R E F L E C T I O N

1. Have you been afraid to start over because of previous roles or labels or because of who people said you were? What happened?
2. Can you recall a time when you put more value on what other people have said than on what God has to say? What did you learn?
3. Why do you think God chooses common people to do the extraordinary for His Kingdom?
4. What new role do you feel God leading you toward? Are you resisting, or are you leaning in? If you're resisting, what would it look like to lean in?



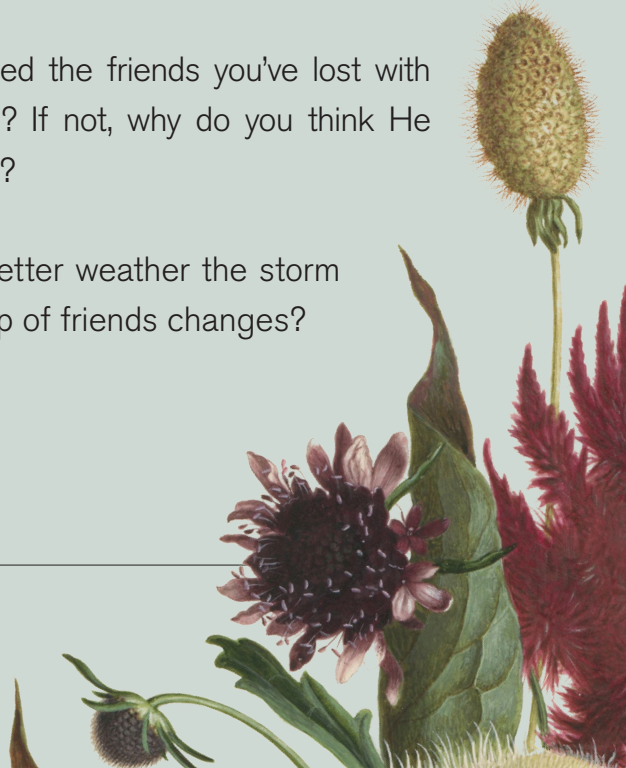


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WHEN THEY
CAN'T STAY

Q U E S T I O N S F O R R E F L E C T I O N

1. Name a friend who was hard for you to lose.
Why was it difficult?
2. What is so dangerous about letting your friends
define you? What happens when they can't stay?
3. Has God replaced the friends you've lost with
new godly ones? If not, why do you think He
might be waiting?
4. How can you better weather the storm
when your group of friends changes?





6

TRACKING TRANSITIONS

SEASONAL REVIEW

STEP 1: GRAPH THE TRUTH

Plot your confirmations and revelations. Some seasons may last for months, while others may span a few years. This exercise will work best if you are able to isolate a specific season, rather than intertwining a few. As a habit, this review will be the most insightful if you are able to write down the things that God has revealed to you. These may include dreams, answered prayers, encounters with others, visions, circumstances, Scriptures, etc. Take time to list your fears on one side of the page with a corresponding spiritual truth on the other side of the page. For example:



Fears

I'm afraid of
losing my job.

Scriptural Truths

I know that God is for me, no matter what happens.

- Matthew 6:26 says, "Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?"
- Matthew 6:30 says, "But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith?"

I know that God will provide for me, even if I never voice it.

- Matthew 6:8 says, "Do not be like them, for your Father knows what you need before you ask him."

STEP 2: EXAMINE THE SEASON

Growth

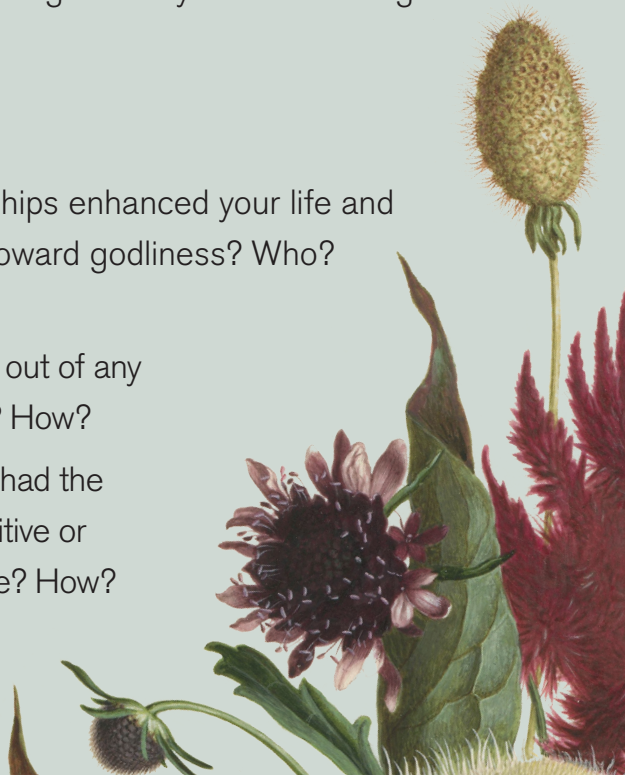
1. What were your two or three biggest lessons of the season?
2. What contributed to them?
3. Which Scripture or Bible passage encouraged you in this season? How?
4. How have you grown over the past twelve months? What's different?
5. What circumstances, people, and desires did you surrender?
6. What skills did you discover during this period?
7. How can you use what you've learned and uncovered for the new season ahead?
8. What was the single largest obstacle you overcame this year? What happened? What has God taught you about it?
9. What were the two or three best decisions you made all year? What did you learn from those experiences?
10. What was the most impactful sermon you've heard regarding your circumstance? What stood out?

Falling Short

1. Where have you disobeyed God? What did you learn from it?
2. What did you hold onto this year that you should have surrendered? What got in the way of letting it go?
3. What were some bad habits you continued or adopted?
4. In what moments have you felt completely hopeless? What did you learn from them?
5. What do you hope God will bless you with in the next season?
6. Where can you extend grace for your shortcomings? Be specific.

Relationships

1. What new relationships enhanced your life and pushed you more toward godliness? Who? How?
2. Has God called you out of any relationships? Who? How?
3. What single person had the biggest impact (positive or negative) on your life? How?



4. Who are your two to three closest relationships?
What's one thing you admire about each?
5. Which relationships are you eager to grow?

Themes

1. What were the top lessons that you learned this season?
2. What were the two or three peak moments during this period? What were you doing? What did you learn?
3. What were the two or three lowest moments during this period? What happened? What did you learn?
4. What five to seven words describe this season?
5. What are you most thankful for?

STEP 3: ASSESS YOUR LIFE RIGHT NOW

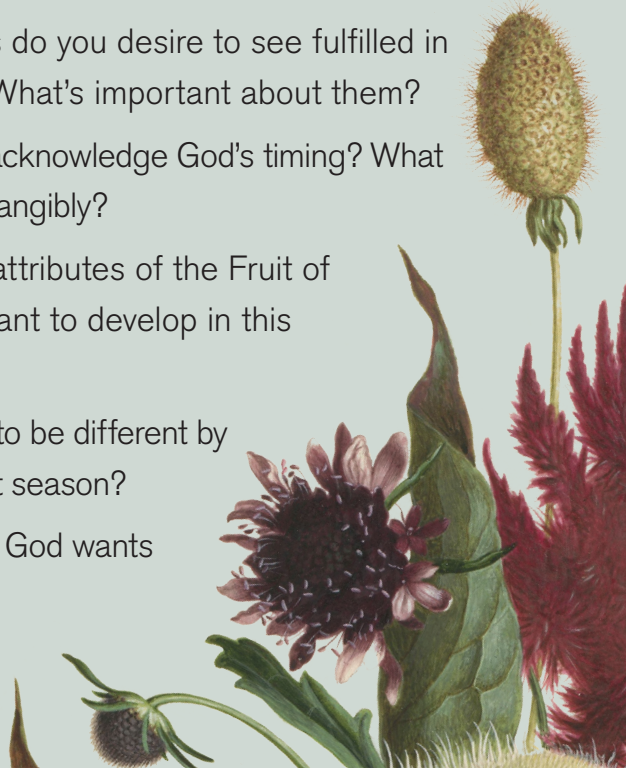
During this season, there is an incredible opportunity to grow in the Fruit of the Spirit. Complete this table by coloring or filling in the cells up to and including your chosen value for each item. Where do you find yourself now? Which area could use the most growth?

	1	2	3	4	5	6	7	8	9	10
Love										
Joy										
Peace										
Kindness										
Faithfulness										
Gentleness										
Self-Control										
Patience										
Goodness										

STEP 4: PLAN FOR THE NEW SEASON

Growing Forward

1. What three dreams do you desire to see fulfilled in this next season? What's important about them?
2. How can you best acknowledge God's timing? What does that look like tangibly?
3. Which of the nine attributes of the Fruit of the Spirit do you want to develop in this new season?
4. How do you intend to be different by the end of your next season?
5. Who do you believe God wants you to become?



Surrender

1. What do you want or need to shed?
2. What relationships no longer serve you?
3. What questions, burdens, or concerns do you want to bring up to God?
4. How has fear hindered your faith in God?
5. Name a character in the Bible who struggled with his or her faith and ultimately surrendered. What can you learn from that character?

Fears and Roadblocks

1. Are there fears in your life that God wants you to confront? How will you do that?
2. What obstacles do you anticipate you will face going into this new season?

Building Relationships

1. Who in your life deserves more attention?
2. Whom do you desire to build a new relationship with?

Plan Forward

1. What is your Scripture for your new season?

2. What biblical resources do you need to begin to move forward?
3. Whom will you seek help from?
4. How will you structure your prayer life? How will you deepen your fasting life?
5. How can you appreciate and celebrate small wins in your next season?





7

WHEN CRISIS
COMES
KNOCKING

Q U E S T I O N S F O R R E F L E C T I O N

1. When was the last time you were confronted with a crisis?
2. What was your gut reaction to this new turning point? What decision did you make? What happened next?
3. How did God meet you at this particular crossroad?



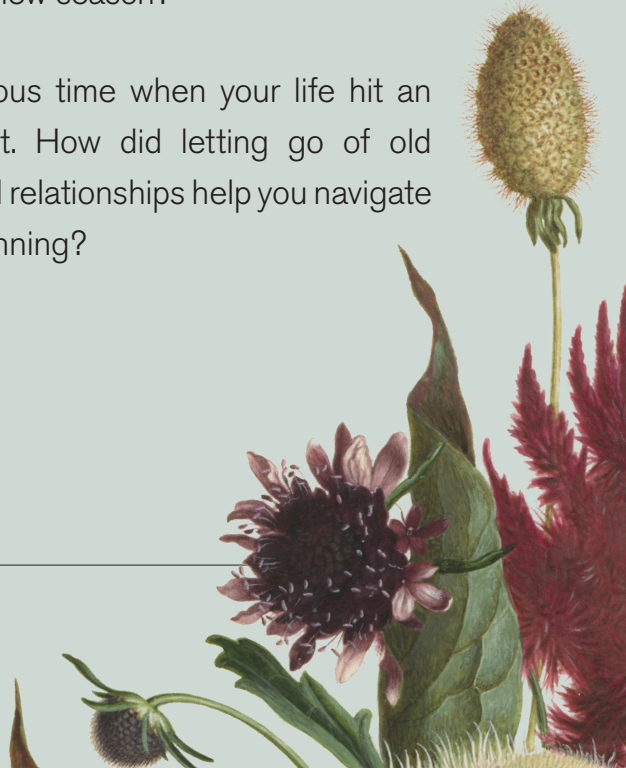


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PACK
LIGHT

Q U E S T I O N S F O R R E F L E C T I O N

1. What habits, people, and mindsets are you bringing from your past into your future?
2. What in your life needs to be pruned?
3. What does “packing light” mean to you as you move into this new season?
4. Recall a previous time when your life hit an inflection point. How did letting go of old mindsets or old relationships help you navigate your new beginning?





9

WE DON'T
NEED
RAIN

Q U E S T I O N S F O R R E F L E C T I O N

1. What are areas of your life that need to be surrendered back to God?
2. What are you afraid will happen if you completely surrender this area to God? Be specific.
3. Name a time in your life when you completely surrendered your will to God. What happened next?
4. In what ways has God brought beauty and growth out of a painful time in your life?
5. What are some unlikely sources from which God has poured out on you His life-giving water?

