

FOREWORD BY JAMIE IVEY

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THE IN-BETWEEN PLACE

WHERE JESUS CHANGES YOUR STORY

A PDF COMPANION TO THE AUDIOBOOK



ONE

EACH STEP OF YOUR JOURNEY HAS PURPOSE

Discussion Questions

1. Why do you think some of the most meaningful moments in our faith come during our in-between seasons?
2. Describe a time when you felt lost in life.
3. Describe a time when you felt found in Christ.
4. What kind of life circumstances make you feel alone in your struggles?
5. What does it mean to you that Jesus comes to be with us when we feel stuck?
6. What keeps you from trusting all God has planned for your life?

Study Guide

Visit www.katarmstrong.com/theinbetweenplace to download the free study guide and videos. Materials for chapter 1 include

- a map of Samaria
- a few pictures of Kat surprising Aaron



TWO

EVEN CRAPPY PLACES CAN BE REDEEMED

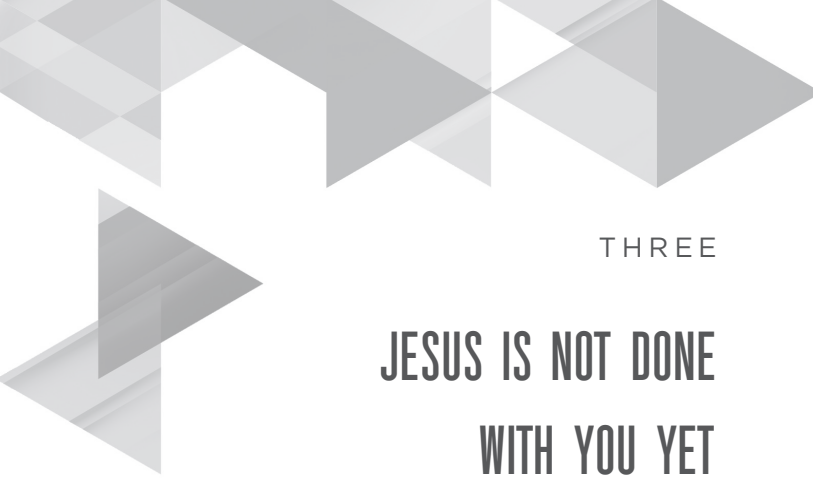
Discussion Questions

1. If Shechem were a place in your life, where would it be?
2. How does Jesus' presence in Shechem change your perspective of the bad place you are in?
3. Describe a time when Jesus' presence felt most real in your life.
4. What spiritual practices help you experience God's nearness?
5. What about the connection between Dinah and the Samaritan woman stood out to you most?
6. What about the contrast between Jacob and Jesus stood out to you most?

Study Guide

Visit www.katarmstrong.com/theinbetweenplace to download the free study guide. Materials for chapter 2 include

- a list of every mention of Shechem in the Bible
- a chart contrasting Dinah's story with that of the woman at the well



THREE

JESUS IS NOT DONE WITH YOU YET

Discussion Questions

1. If you have a shame narrator, what does it say to you?
2. In what area of your life would you like to experience change or break a pattern?
3. If you successfully implemented change, how would your life be better?
4. What would a “Jesus ending” look like in your season of life?
5. In what ways does Jesus’ presence in your story enable you to change?
6. What is the most significant change you have experienced in life so far?

Study Guide

Visit www.katarmstrong.com/theinbetweenplace to download the free study guide. Materials for chapter 3 include

- an article about the betrothal scenes in the Bible
- the Hope Prayer Guide



FOUR

FIND SAFE PEOPLE TO SHARE YOUR STORY WITH

Discussion Questions

1. What is it about Jesus that makes him approachable to you?
2. What are the most important qualities you look for in a trusted friend?
3. Describe a time when a friend disappointed you.
4. If Jesus were sitting in front of you, what would you want to tell him about your story? Why?
5. If Jesus were sitting in front of you, what questions do you think he would ask you?
6. If Jesus were sitting in front of you, what truth do you think he would tell you?

Study Guide

Visit www.katarmstrong.com/theinbetweenplace to download the free study guide. Materials for chapter 4 include

- a link to Amy Cuddy's TED Talk
- a link to the *Harvard Business Review* article
- journal space to tell Jesus your story



FIVE

EMBRACE BELONGING

Discussion Questions

1. Describe a time when you felt you belonged.
2. When do you feel most excluded?
3. What gender roles do you need to cross to help more people embrace belonging?
4. What social class norms do you need to break to help more people embrace belonging?
5. What ethnic divides do you need to bridge to help more people embrace belonging?
6. How significant do you think it is that the woman at the well was the first to testify about Jesus?

Study Guide

Visit www.katarmstrong.com/theinbetweenplace to download the free study guide. Materials for chapter 5 include

- quotes from Nika Spaulding's paper
- Marg Mowczko's list of church father quotes
- graduation picture with Dr. Kreider

STOP SHOWING UP FOR YOURSELF

Discussion Questions

1. If your life is represented by a broken cistern, what created the cracks?
2. Describe a time when you felt as if your life dreams were shattered.
3. How did you pick up the pieces?
4. What about Jesus' ongoing presence in your life brings you comfort when life is broken?
5. What do you thirst for most in life?
6. How is Jesus a better thirst-quencher than your normal go-to fixes?

Study Guide

Visit www.katarmstrong.com/theinbetweenplace to download the free study guide. Materials for chapter 6 include

- a book recommendation about God's presence with us
- pictures of Caleb's conversion moment
- the big story of the Bible



SEVEN

NO WOMAN IS AN ISLAND

Discussion Questions

1. Do you struggle with independence or codependence? If so, when do you think that started?
2. How would your life be different if you shed those survival skills for dependence upon Christ?
3. What is a tangible way you could resist independence or codependence and opt for dependence upon Christ?
4. Describe a time when you felt misunderstood for your choices.
5. How could the church do a better job of supporting people through a divorce?
6. Is anyone mentoring you? What do you love most about their mentorship?

Study Guide

Visit www.katarmstrong.com/theinbetweenplace to download the free study guide. Materials for chapter 7 include

- a link to Dr. Norfleete Day's thesis
- a podcast about life after divorce



EIGHT

BE BRAVE ENOUGH TO ASK HARD QUESTIONS AND ACCEPT THE TRUTH

Discussion Questions

1. Describe the most worshipful experience you've ever had. Where did it take place?
2. Why do you think your connection with God was so strong?
3. If you could have dinner with three women from Christian history, who would be on your list?
4. Who are the trailblazing women of faith in your life?
5. Name one hard question about your faith you wish you knew the answer to.
6. Do you come to the Bible to help you find answers? Why or why not?

Study Guide

Visit www.katarmstrong.com/theinbetweenplace to download the free study guide. Materials for chapter 8 include

- a link to the *Speak Life* podcast
- a picture of Kat and Taylor at Camp Well
- a link to Camp Well retreats
- an article about the Samaritan belief system

DROP YOUR DISTRACTIONS

Discussion Questions

1. Describe a burning-bush moment in your spiritual life.
2. Who has been like a Moses figure in your own life? Why?
3. In what area of your life do you need an exodus from sin?
4. Metaphorically speaking, what's your "water jug"?
5. What would it take to drop your water jug?
6. What action steps or accountability steps do you need to help you drop the water jug?

Study Guide

Visit www.katarmstrong.com/theinbetweenplace to download the free study guide. Materials for chapter 9 include

- a chart comparing Moses and the woman at the well
- tips on how to share your faith with others



TEN

YOU WILL NEVER HAVE IT ALL TOGETHER; GO ANYWAY

Discussion Questions

1. How did your life change because of COVID-19?
2. What did God teach you during that time?
3. How do you react to unmet expectations?
4. Why do so many of us think we have to have it all together to join God's work?
5. In what ways do you feel unprepared or unqualified to go with the gospel?
6. What would it look like to go anyway?
7. Which women of the Bible inspire you and why?

Study Guide

Visit www.katarmstrong.com/theinbetweenplace to download the free study guide. Materials for chapter 10 include

- a link to the Polished Sherones of the Faith video series
- Nike commercial "Dream Crazier" link
- *The Rise of Skywalker* link