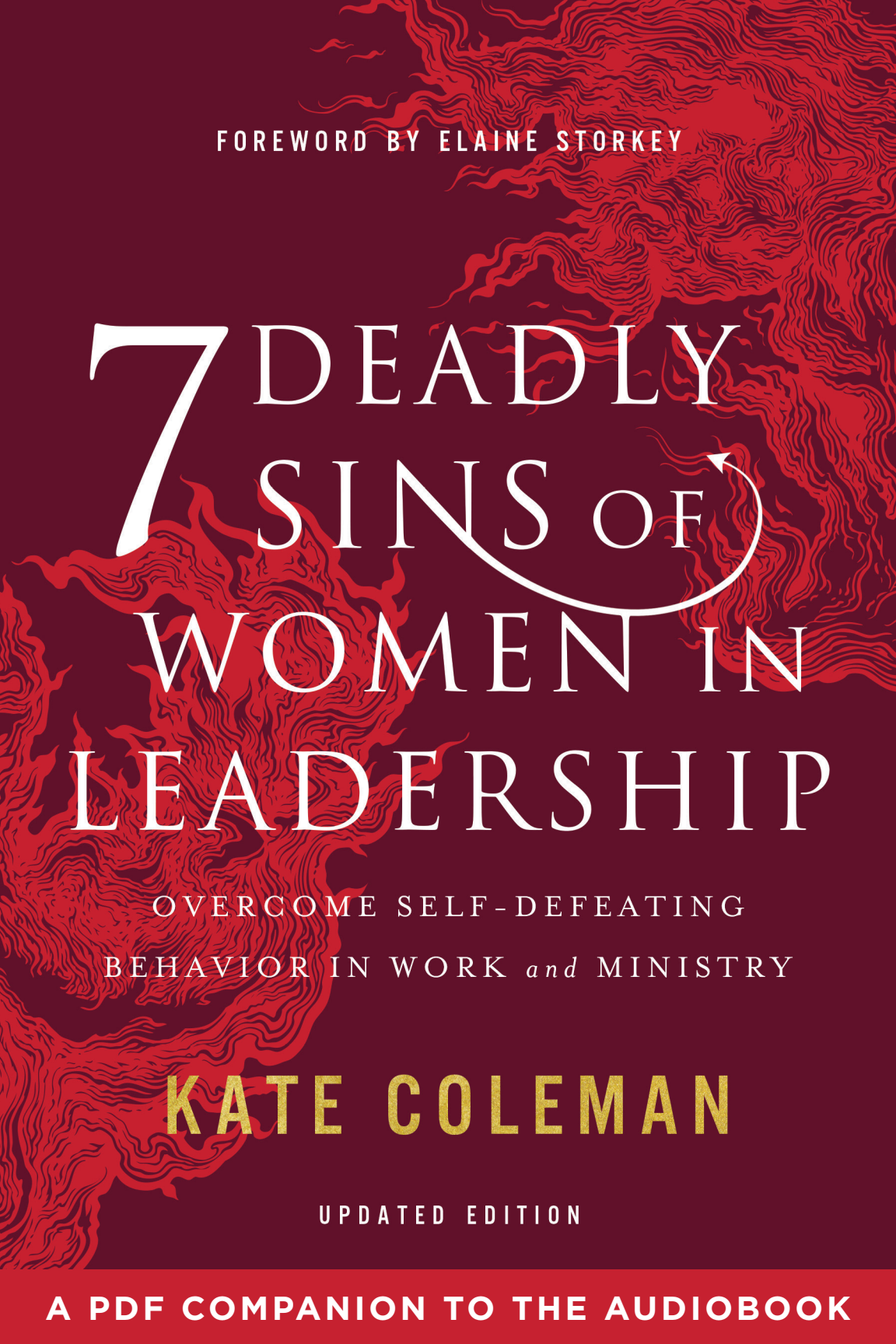




FOREWORD BY ELAINE STORKEY

7 DEADLY SINS OF WOMEN IN LEADERSHIP

OVERCOME SELF-DEFEATING
BEHAVIOR IN WORK *and* MINISTRY

KATE COLEMAN

UPDATED EDITION

A PDF COMPANION TO THE AUDIOBOOK

ZONDERVAN REFLECTIVE

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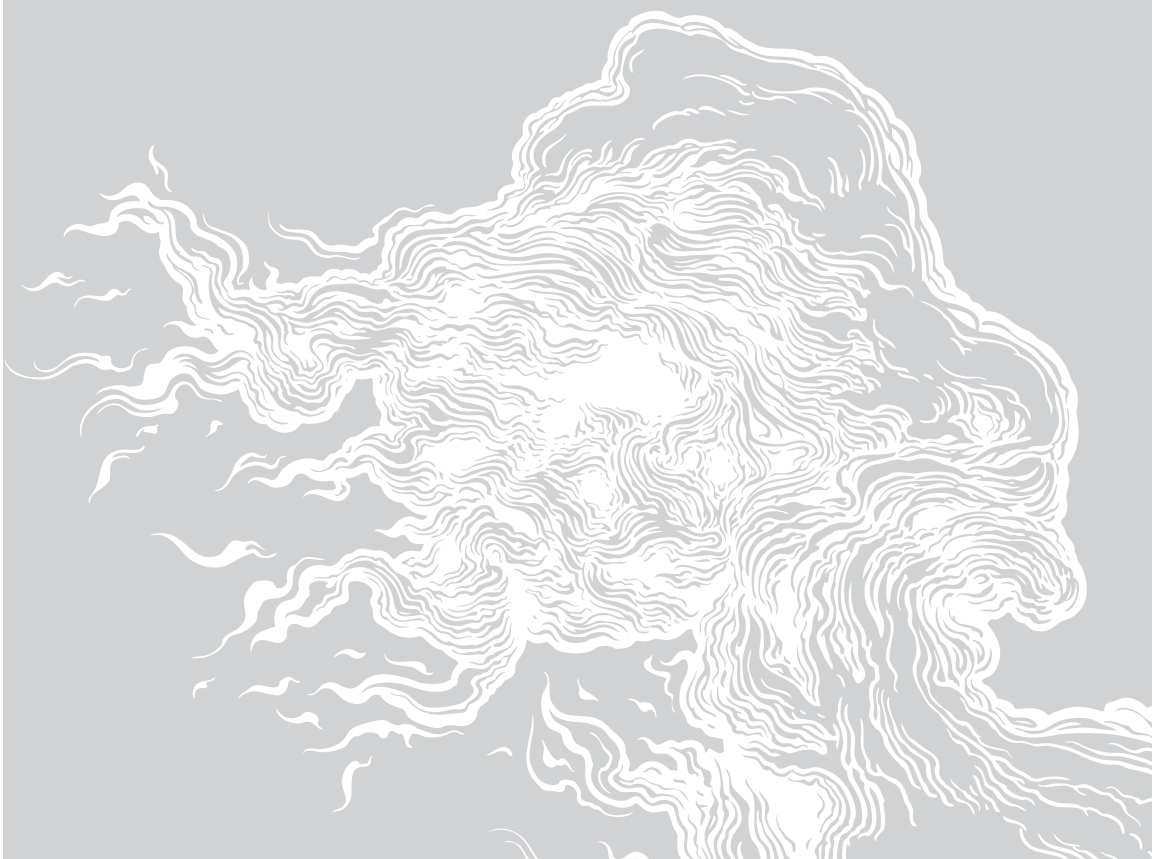
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1ST DEADLY SIN

LIMITING SELF-PERCEPTIONS

Adjust How You See Yourself





Coaching Tips

What has God been speaking to you regarding your leadership development and growth?

What are you dismissing as unimportant or avoiding because addressing it would require too much effort?

In two months' time, what would be different about this area of your life? (Think about, feel, see, speak, describe the change.) How will you rate it on a scale of 1 to 10 (where 1 = not great and 10 = excellent)?

What empowering belief, image, phrase, or Scripture can you start to meditate on today to motivate you to take positive action in this area?

What support (who, when, where, how) might you need to make this happen?



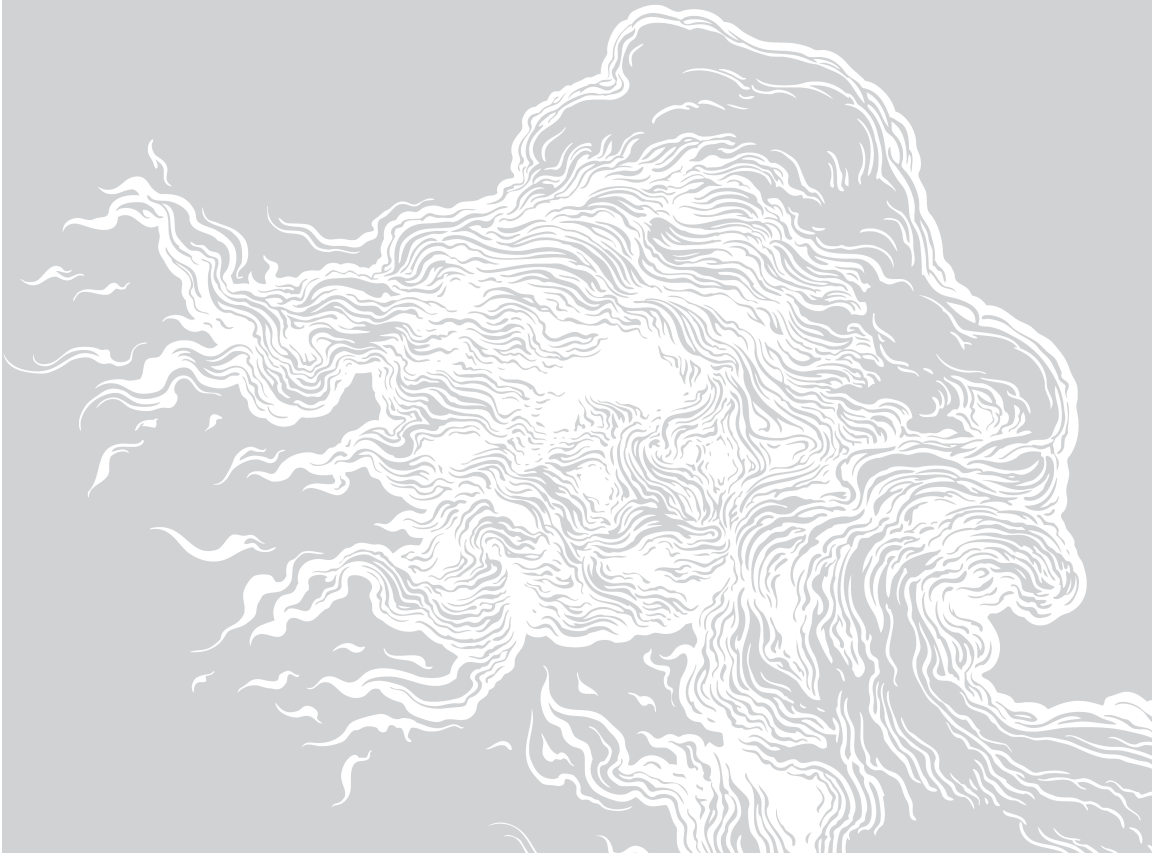
Find out who you are and do it on purpose.

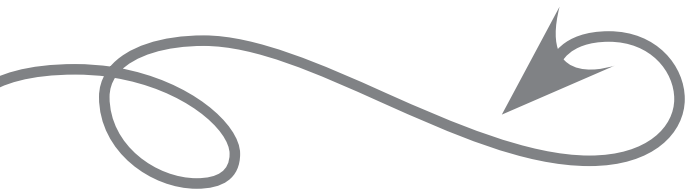
—DOLLY PARTON

2ND
DEADLY SIN

FAILURE TO DRAW THE LINE

Establish Appropriate Boundaries





Coaching Tips

On a scale of 1–10 (where 1 = not satisfied and 10 = very satisfied), how satisfied are you with the health of your boundaries with the following people:

Your team (i.e., those who report to you)?

Your peer group / those you work alongside or consider your personal network (including friends)?

Your mentor / line manager (i.e., those to whom you are accountable)?

Yourself?

Name one action you could take in each case that would increase your level of satisfaction by two points.



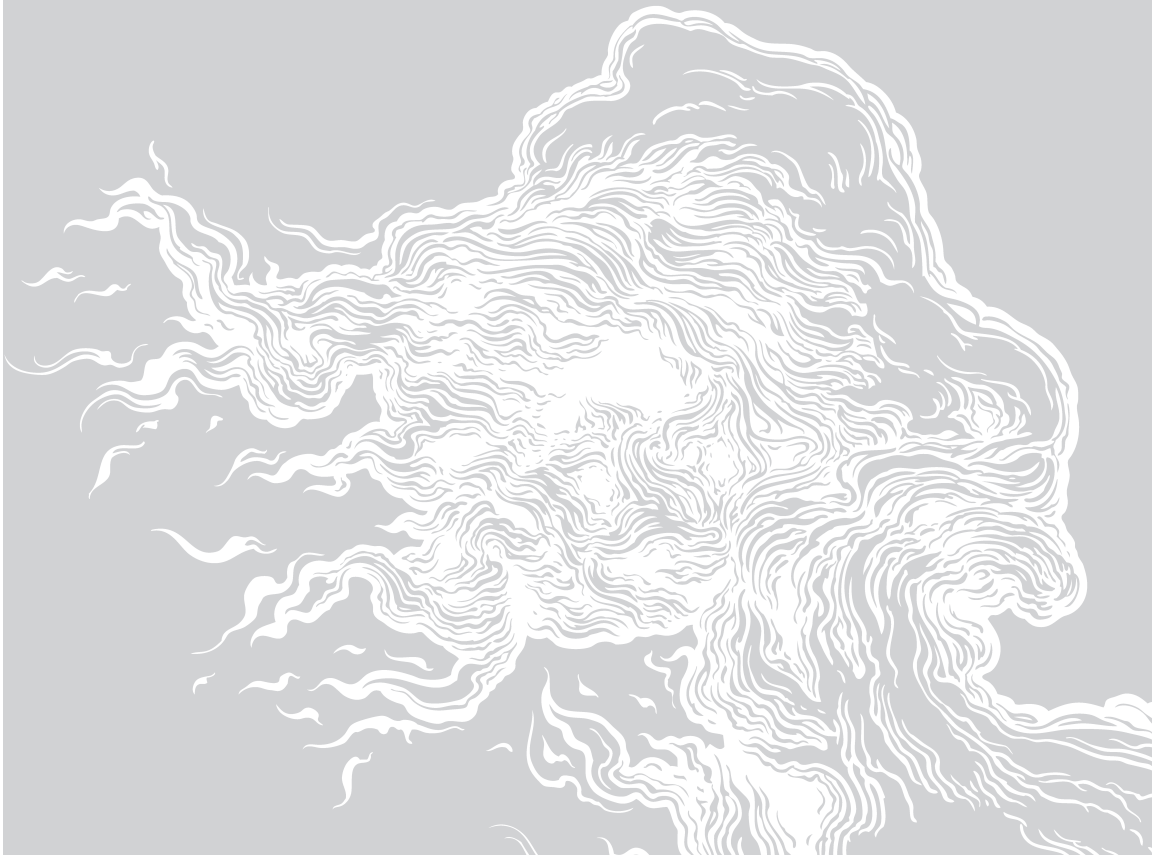
Appropriate boundaries create integrity.

—RAE SHAGALOV

3RD
DEADLY SIN

INADEQUATE PERSONAL VISION

Develop and Maintain a God-Inspired Vision





Coaching Tips

What area(s) of your life would you like to address
(e.g., work, ministry, a specific relationship)?

Where are you now? (What does this area look like today?)

Where are you going? (What is your end goal?)

**What does your future look like? (What would you like it
to look like in five weeks, five months, and five years?)**

Are you ready to go? (What may be holding you
back—apprehensions, concerns, challenges?)

How will you get there? (Devise a step-by-step strategy.)

What do you need to succeed? (Do you require any
specific resources—material, financial, human?)



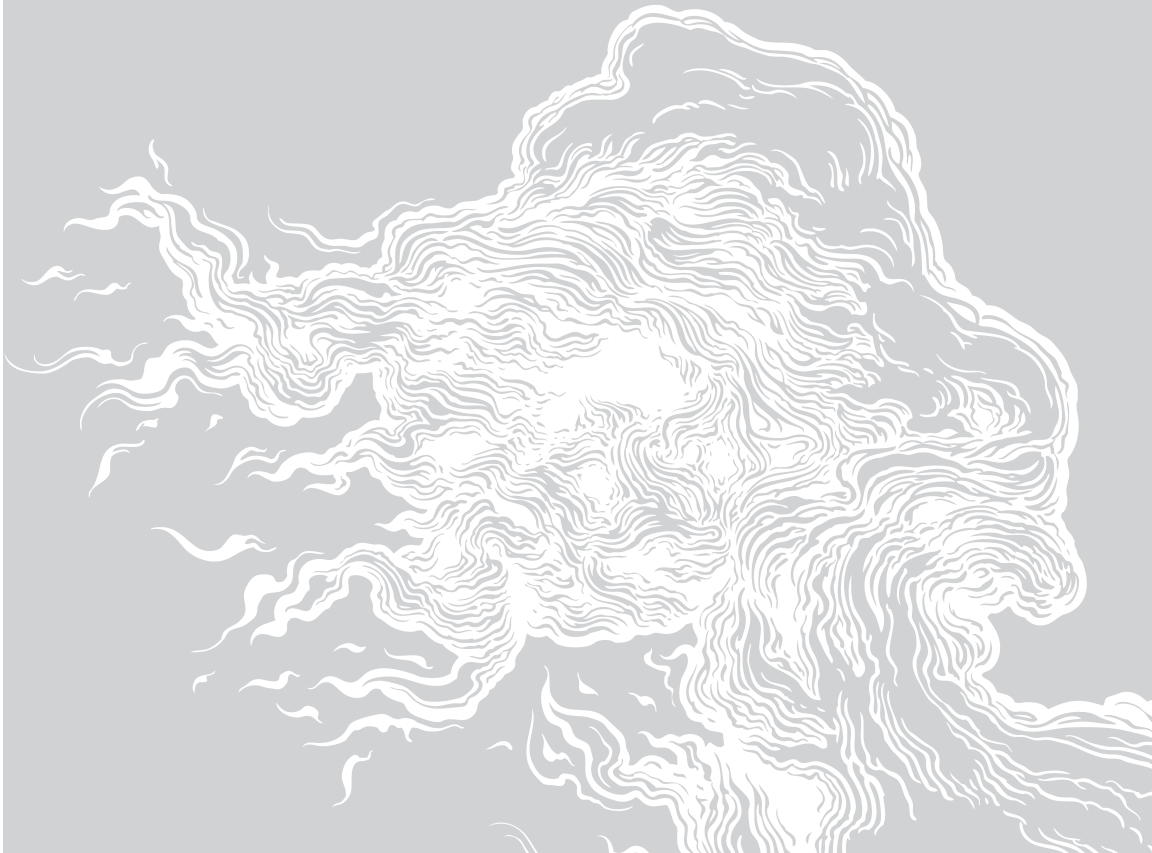
Everyone ends up somewhere in life. You
can end up somewhere on purpose!

—ANDY STANLEY

4TH
DEADLY SIN

TOO LITTLE LIFE IN THE WORK

Establish a Healthy Work-Life Rhythm





Coaching Tips

What do you specifically want to change? (Identify an area.)

**Does the thought of making this change
motivate you? (Time for honesty.)**

How can you measure this achievement? (What
specific changes will be noticeable?)

**What might stop you? (Identify specific
internal and external hindrances.)**

What resources do you need to make
this change happen and stick?

**What will you do differently next week?
(Identify at least two specific actions.)**



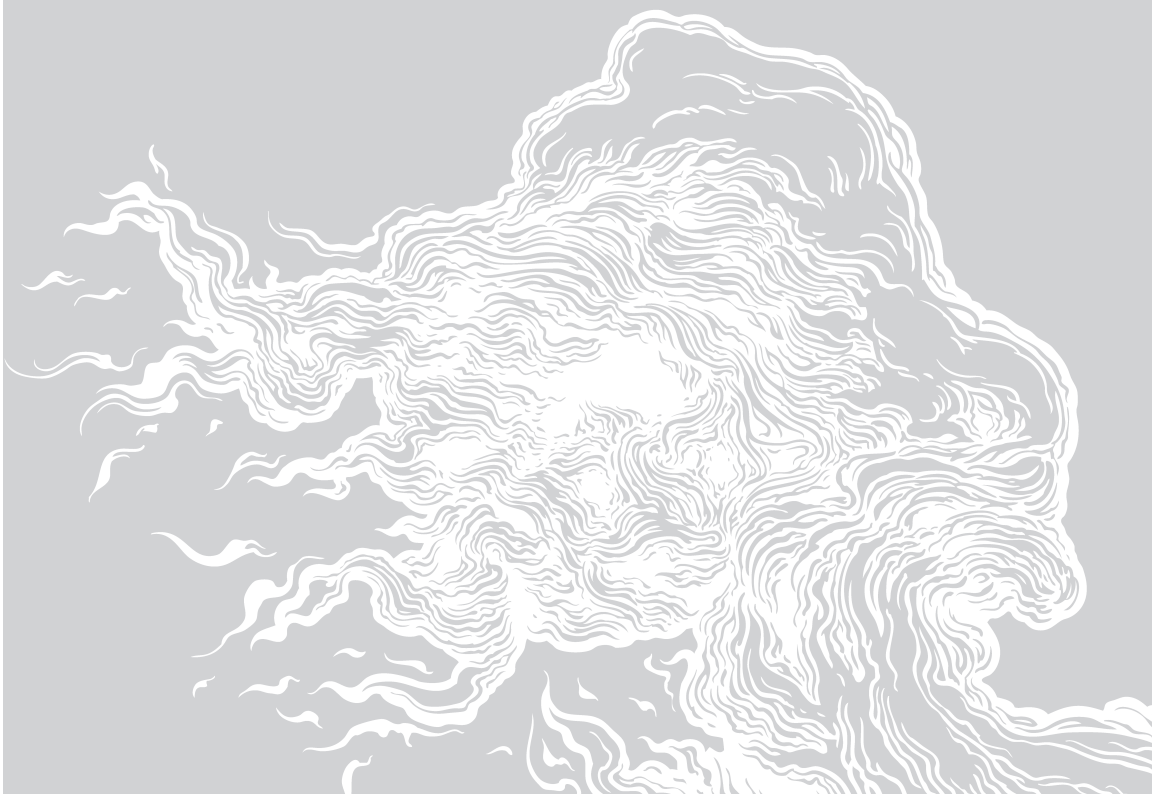
You will never find time for anything.
If you want time you must make it.

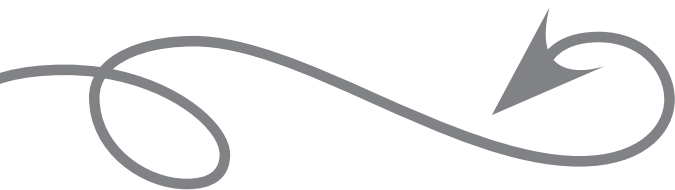
—CHARLES BUXTON

5TH
DEADLY SIN

EVERYBODY'S FRIEND,
NOBODY'S LEADER

Defeat the "Disease to Please"





Coaching Tips

PRAY

Where am I? (You may as well tell God the truth—he already knows you inside out.)

JOURNAL

Where am I? (Explore the reality versus your perception.)

SHARE

Where am I? (Talk to your support group, counsellor, coach, or mentor for reflections.)

CREATE

Where do I want to be? (Explore this question through different media, e.g., collage, painting, artwork.)

ACTIVATE

Where do I want to be? (Explore further and get “physical” through role play. Why not test out different scenarios and measure your responses and your progress?)



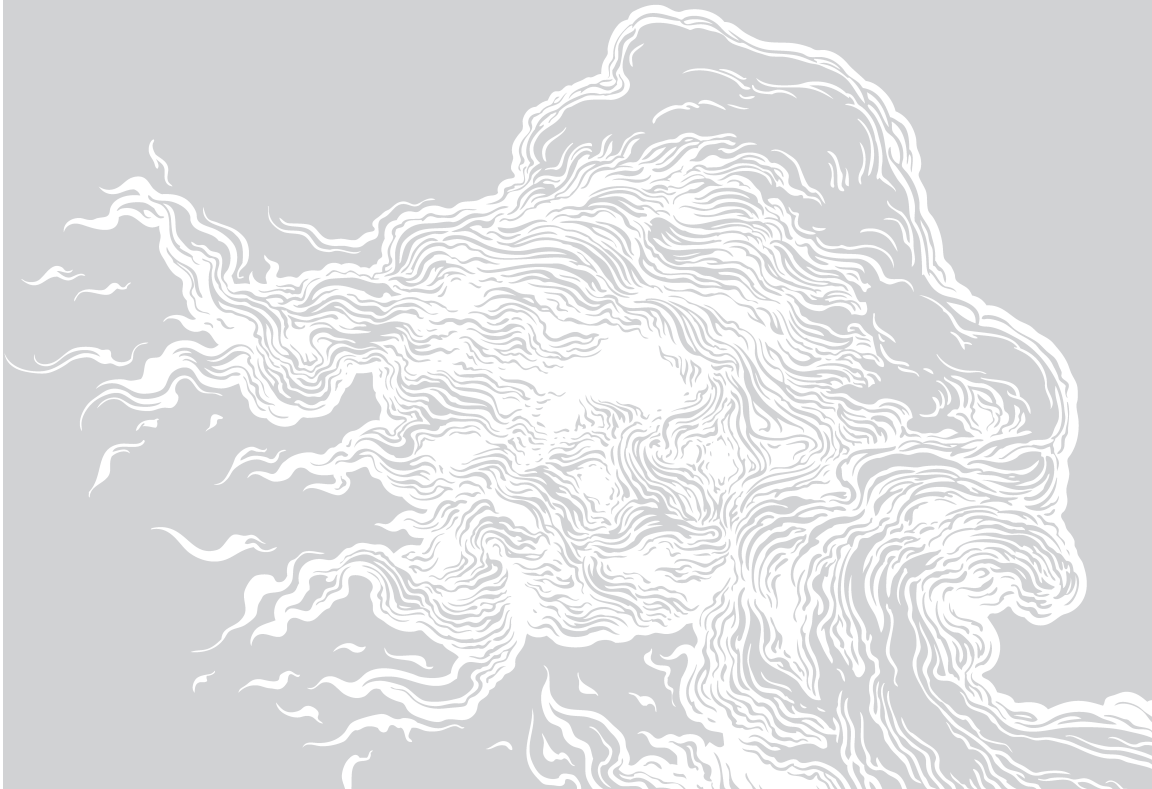
As iron sharpens iron, so one person sharpens another.

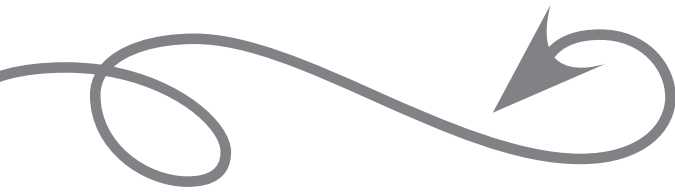
—PROVERBS 27:17

6TH
DEADLY SIN

COLLUDING AND NOT
CONFRONTING

Deal with Men (and Women!) Behaving Badly





Coaching Tips

Recall a recent example of a confrontation in which you were involved. What happened?

Who was involved?

When and where did it occur?

Why did it happen?

What is your desired outcome? What impact would this have on those who were involved in the confrontation?

How can you move this issue forward?

What will you do to follow up progress?



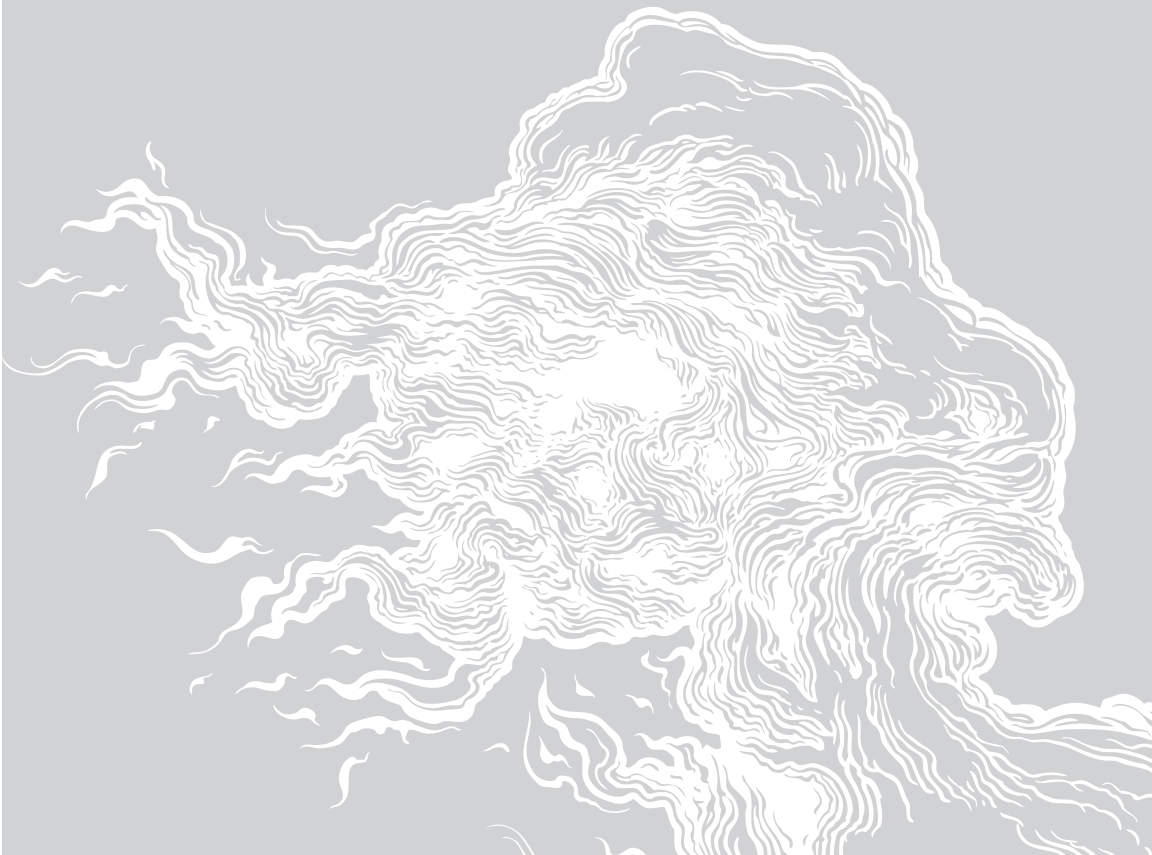
Few things are more powerful than conflict
for revealing what we truly believe.

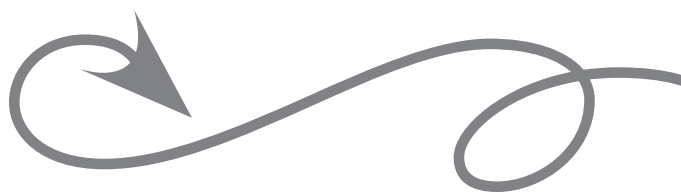
—TARA KLENA BARTHEL AND JUDY DABLER

7TH DEADLY SIN

NEGLECT IN FAMILY MATTERS

Be Intentional with Your Nearest and Dearest!





Coaching Tips

Identify your VIPs (very important people).

This will be your inner circle and may include members of your immediate family.

Identify the following for each individual:

STOP

(Something you do that is self-defeating and definitely not helping.)

START

(Inject a new element into the relationship and find ways in which you can minister to each member of your inner circle.)

CONTINUE

(Something that already works well.)



Other things may change us, but we start and end with family.

—ANTHONY BRANDT