

PRACTICAL INSIGHTS FROM MORE THAN
500,000 MARRIAGE CHAMPIONS

HELPING COUPLES

*Proven Strategies for
Coaches, Counselors & Clergy*



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Dr. David H. Olson

FROM THE CREATORS OF SYMBIS & PREPARE/ENRICH
A PDF COMPANION TO THE AUDIOBOOK

ZONDERVAN BOOKS

Helping Couples

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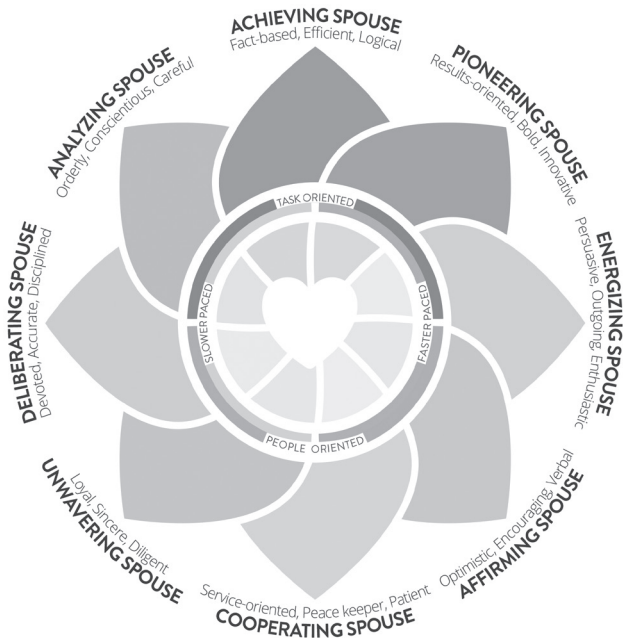
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EVERY MARRIAGE IS UNIQUE

EIGHT DIFFERENT SPOUSE TYPES



TASK-ORIENTED VERSUS PEOPLE-ORIENTED CONTINUUM

Task-Oriented						People-Oriented					
5	4	3	2	1	0	1	2	3	4	5	

SLOW-PACED VERSUS FAST-PACED CONTINUUM

Slow-Paced						Fast-Paced					
5	4	3	2	1	0	1	2	3	4	5	

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FAMILY TIES PULL STRINGS

THE RELATIONSHIP MAP

