

JOURNAL

LYSA TERKEURST

#1 New York Times Bestselling Author

The
forgiveness
journal

A GUIDED JOURNEY TO
FORGIVING WHAT YOU CAN'T FORGET

A PDF COMPANION TO THE AUDIOBOOK

The Forgiveness Journal

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Published in Nashville, Tennessee, by Thomas Nelson. Thomas Nelson is a registered trademark of HarperCollins Christian Publishing, Inc.

Photos by Kelsie Johanna

Supplemental text written by Carrie Marrs

Special thanks to the following for their contributions to this journal:

Amanda Bacon
Leah Chabai

Joel Muddamalle
Shae Tate

Kimberly Henderson
Meredith Brock

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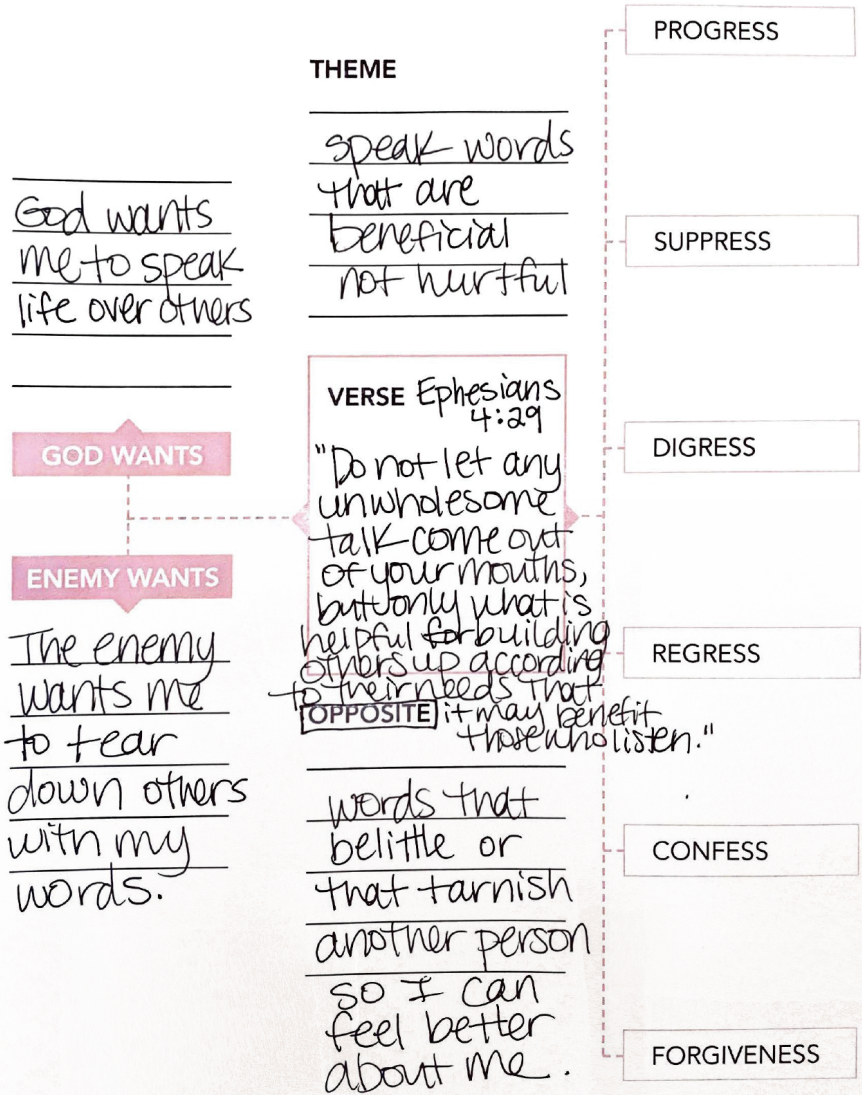
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ISBN: 978-1-4002-2438-8

Printed in China

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Lysa's Bible Study Diagram Example



Bible Verse Journal

THEME

VERSE

GOD WANTS

ENEMY WANTS

OPPOSITE

PROGRESS

SUPPRESS

DIGRESS

REGRESS

CONFESS

FORGIVENESS

Find more printable worksheets of this Bible study exercise at proverbs31.org/forgiveness.

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ENEMY WANTS			DIGRESS
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			CONFESS
			FORGIVENESS
	OPPOSITE		

	THEME		PROGRESS
GOD WANTS	VERSE		DIGRESS
ENEMY WANTS			REGRESS
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