

JOHN SOWERS



A BOOK
of
LETTERS

SAY ALL THE
UNSPOKEN
THINGS

A PDF COMPANION TO THE AUDIOBOOK

Say All the Unspoken Things

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SAY ALL YOUR OWN UNSPOKEN THINGS

Questions for the Reader

You Are Created

1. If writing to your children, what details do you remember about your children's births? How did you feel when they were born? What do you wish you could have said to them on the day each of them was born?
2. What would you say today about your children? About how they were created for relationship? What does that mean to you?
3. If writing to your spouse, parents, or friends, what do you appreciate about the fact that God created them? How do their lives make your life better today?
4. What are your earliest memories with that loved one? What were your first impressions of that person? What are some of the things you first did together? Share your stories.
5. How do you view the Father? Do you confuse him with the older brother, angry and judgmental? Have judgmental people ever pushed you away from God?

Identity and Purpose

1. How would you describe your loved one? In what ways can you encourage your loved one to look past what the world may say about them to see their unchanging identity as a child of God?
2. What do you think your loved one's purpose is? What are they good at? What are their talents? Where do they shine, as if they were made for this?
3. Many people hop from one false identity to the next, searching for meaning and purpose. Share your stories about discovering your own identity and purpose. How can you encourage your loved ones to fulfill their true eternal purposes in their unique gifts and callings?
4. What does it mean to make your life a song? How do we join in the Song?
5. Have you ever started a gratitude journal? How did that go? Do you still journal?

Growing Young

1. How would you describe your loved ones' sense of wonder, imagination, and freedom? In what ways can you encourage your loved ones to keep a sense of wonder, even as they grow older? Do you still dream and imagine, or have you lost something there?
2. Why do you think people try to crush our dreams or want us to have a more realistic perspective? If this has happened to you, share your story. How should your loved ones respond to dream crushers?

3. What is something (on the inside) you want to recover that you have lost?
4. How has courage shown up in your story? Write down a time you were brave.
5. How does the world define *beautiful*? Have you seen this affect you? How do you define *beautiful*?

Becoming

1. As you observe your loved ones day by day, who are they becoming? What kinds of seeds are they planting in their hearts and lives?
2. In what ways can you encourage your loved ones to make wise choices? Share your stories of wise choices (or not-so-wise choices) to illustrate the importance of seeking God's wisdom in our daily lives. What are some of your best decisions? How do our daily decisions shape us?
3. Why do you think people try to push you into becoming something other than your design? What can you say to encourage your loved ones to stay true to themselves through the years?
4. What are your normals? Are you a reflection or reaction to your parents? What things did you bring from your childhood into adulthood? What things would you want to let go?
5. Have you ever heard a whisper from God in your heart? How did you respond? How did it change your life?
6. Have you ever walked in the Spirit? How do you do this? What is it like? How and when do you connect with God?

Developing Character

1. What are some positive character traits you have observed in your loved ones? Be specific.
2. Write down a time you have seen humility help, repair, and restore a relationship.
3. Write down a time you have seen pride destroy a relationship.
4. How has kindness impacted you? Can you remember a moment where kindness transformed you or another person?
5. What character traits would you like your loved ones to continue to develop? Share your stories about how people with those character traits (such as kindness, gratitude, and so on) have positively influenced your life.
6. Sometimes we make mistakes or wrong choices and believe we are unworthy. Remind your loved ones of their true worth, no matter what circumstances they may encounter in life.

Friends and Relationships

1. What makes a good friend? Share some of your stories of people who have been good friends to you. What do you appreciate about your friends, such as showing kindness, listening to you, and encouraging you?
2. How can you be a good friend to others? What does it mean to value others above yourself? What are some observations and stories about friendship you'd like to share?
3. Are you a friend initiator, or do you wait for others to come to you? Do you seek to encourage others?

4. What are your boundaries in friendships and relationships? Have you ever had to enforce them? If so, what happened?
5. Why is it so important to choose your friends and relationships wisely? Have you ever given in to peer pressure? Encourage your loved ones to set boundaries and guard their hearts as they connect with others.
6. Are you part of a spiritual family? What is that like? Who is in your spiritual family, and what do you love most about it? How does your spiritual family influence you? Do you pray with others?

Finding and Being in Love

1. What advice can you share with your loved ones about finding love? Share some of your stories of young love or romantic love, being sure to speak of your former partners in an honoring way.
2. In what ways could your loved ones' upbringings and parents influence their future relationships? Share what you'd encourage them to imitate and what you'd like them not to repeat.
3. What are your love languages? What are the love languages of your spouse, friends, children?
4. How would you describe a healthy, thriving, God-honoring marriage relationship? Share your thoughts and experiences on choosing (and being) a good spouse, waiting on God, sex and purity, intimacy, honesty, and faithfulness.
5. Have you seen the effects of the Golden Cloud in your life, or have you observed people make decisions based on their feelings? If so, describe what happened.

6. What is the difference between face-to-face intimacy and side-by-side intimacy? Have you ever had a relationship with both postures?

Dreams and Legacy

1. What dreams do you have for yourself? For your loved ones? What are some of your loved ones' dreams? What dreams have you given up on?
2. Why is it important to start making legacy choices from an early age, to live into your dreams now instead of waiting for "someday"? Share your stories of how you followed (or didn't follow) a dream and how that affected your life.
3. Have you ever faced resistance or defeats? How did you respond?
4. In what ways can you encourage your loved ones to live their lives for the good? How might you inspire them to fulfill their dreams and leave a legacy of faithfulness for their own children and grandchildren someday?