

AUTHORS OF THE BESTSELLING *ACT OF MARRIAGE*

TIM & BEVERLY LAHAYE

with Mike Yorkey

The ACT *of*
MARRIAGE
after 40

MAKING LOVE FOR LIFE

A PDF COMPANION TO THE AUDIOBOOK



The Act of Marriage After 40

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Chapter One

LOVE FOR A LONG, LONG LIFETIME

Over the last few months, what was the average number of times you had sexual relations?

Females	40–49	50–59	60–69	70 and over
Five or more times a week	4%	0%	0%	1%
Three to four times a week	13	13	7	4
Twice a week	19	18	17	10
Once a week	29	34	29	19
Once every two weeks	25	13	17	19
Once a month	6	12	13	16
Once every few months	4	6	7	10
Once in the last year	0	1	0	1
Our sex life is nonexistent	0	3	10	20

To what extent have you been satisfied with intercourse?

	40–49	50–59	60–69	70 and over
Very satisfied	52%	47%	37%	44%
Satisfied	27	29	45	35
Somewhat satisfied	16	18	16	18
Not satisfied	5	6	2	3

Over the last few months, what was the average number of times you had sexual relations?

Males	40–49	50–59	60–69	70 and over
Five or more times a week	5%	0%	1%	2%
Three to four times a week	15	12	5	5
Twice a week	16	11	15	10
Once a week	30	43	39	20
Once every two weeks	17	19	18	17
Once a month	11	9	10	15
Once every few months	5	4	4	11
Once in the last year	1	0	0	2
Our sex life is nonexistent	0	2	8	18

To what extent have you been satisfied with intercourse?

	40–49	50–59	60–69	70 and over
Very satisfied	62%	54%	62%	45%
Satisfied	27	31	31	35
Somewhat satisfied	8	12	7	18
Not satisfied	3	3	0	2

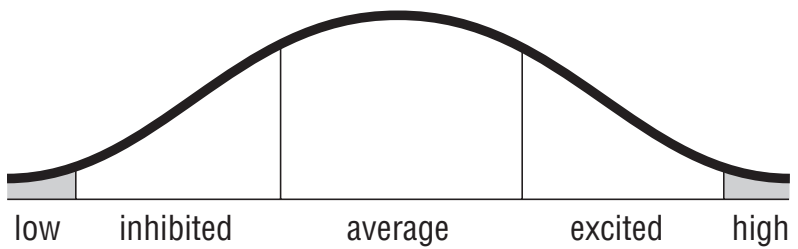
Years of Life Expected at Birth, 1900–1995

Year	Male	Female	Both sexes
1900	46.3	48.3	47.3
1910	48.4	51.8	50.0
1920	53.6	54.6	54.1
1930	58.1	61.6	59.7
1940	60.8	65.2	62.9
1950	65.6	71.1	68.2
1960	66.6	73.1	69.7
1970	67.1	74.7	70.8
1980	70.0	77.5	73.7
1990	71.8	78.8	75.4
1995	72.5	78.9	75.8

Source: National Center for Health Statistics (1999).

A STREETCAR NAMED DESIRE

Chart of Female Sexual Desire



A REFRESHER COURSE

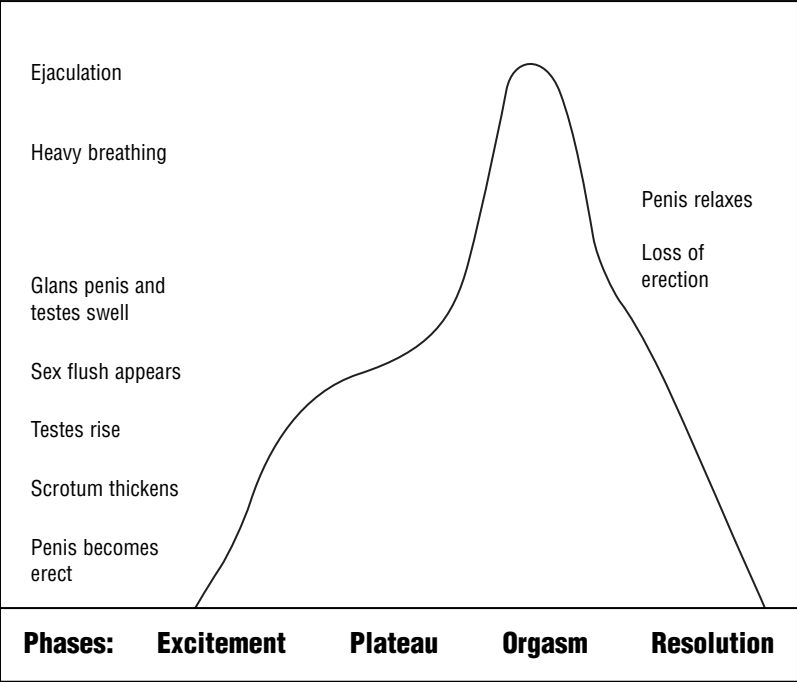


Fig. 1. Sexual response of the husband

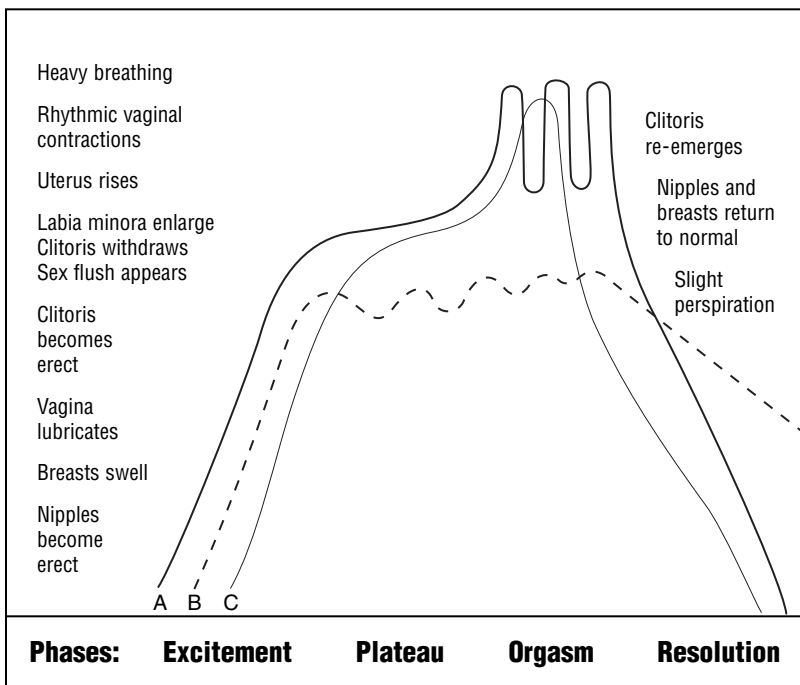


Fig. 2. Sexual response of the wife

Does the husband manipulate the wife's clitoris orally?

	Women	Men
All the time	4%	2%
Most of the time	8	9
Sometimes	44	47
Never	44	42

For the wife: How do you feel about being orally manipulated?

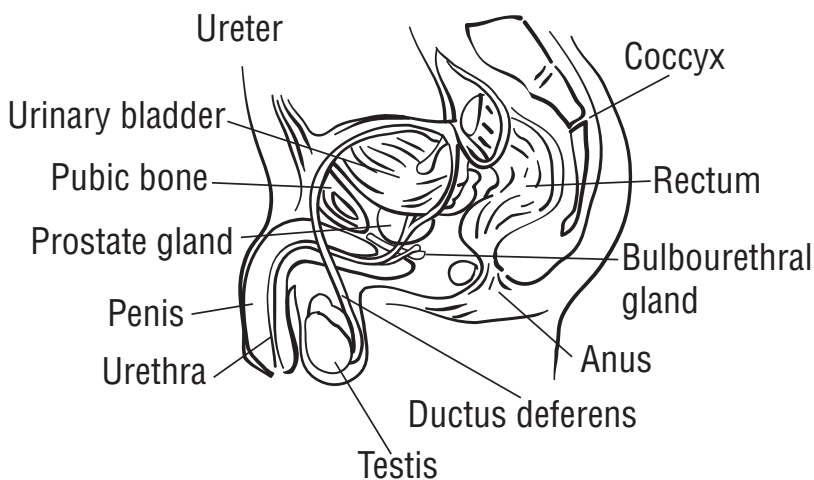
	Women	Men
Enjoy it	48%	40%
Neutral	22	22
Dislike it	30	38

How often does the wife use oral stimulation?

	Women	Men
All the time	2%	1%
Most of the time	10	8
Sometimes	41	41
Never	47	51

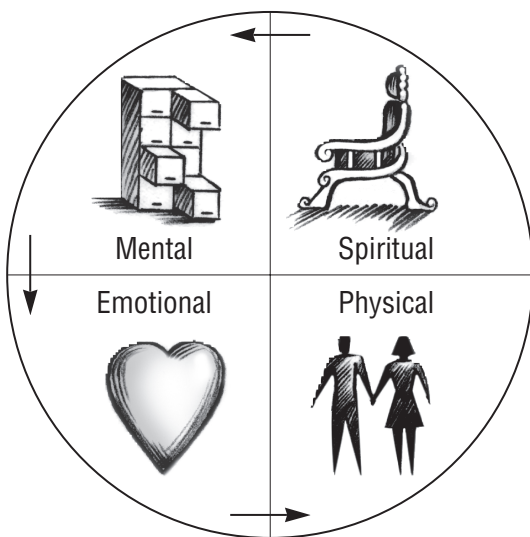
Chapter Nine

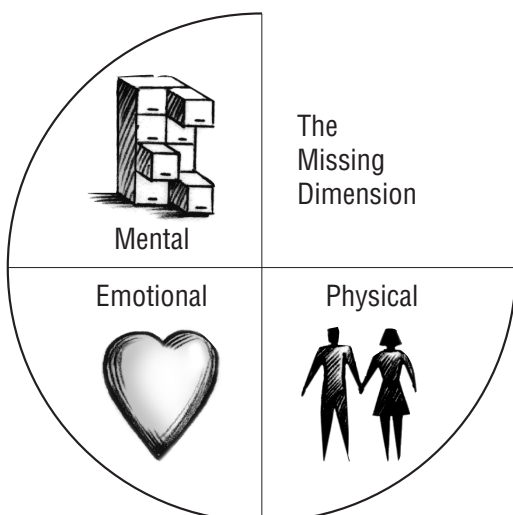
NO LAUGHING MATTER



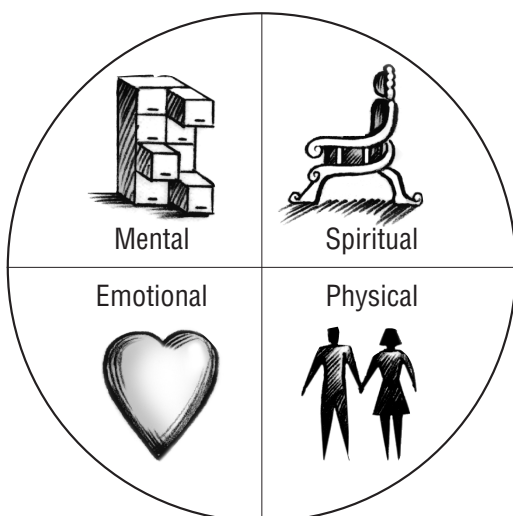
Chapter Fourteen

THE CRITICAL COMPONENT

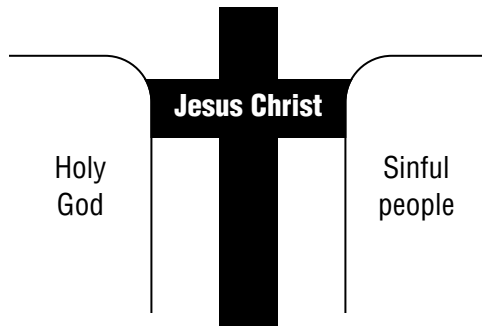
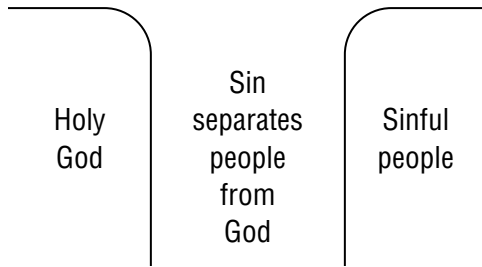


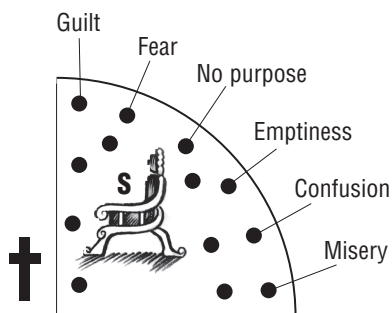


The modern concept of a person

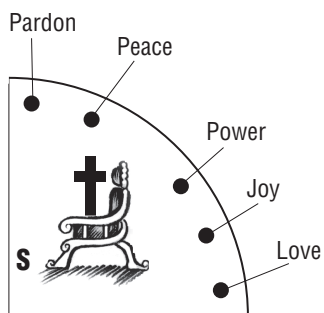


People as God designed them

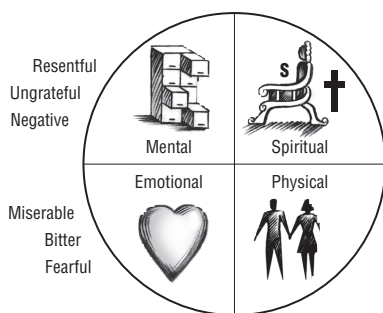




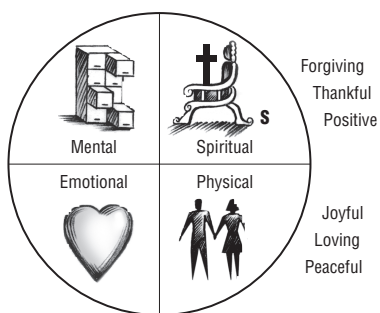
The self life



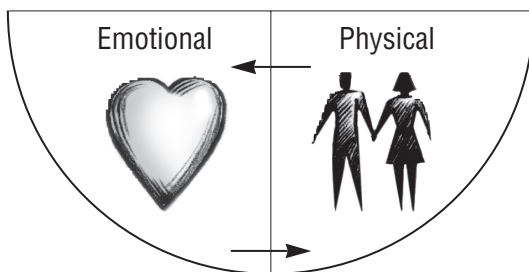
The Christ-controlled life



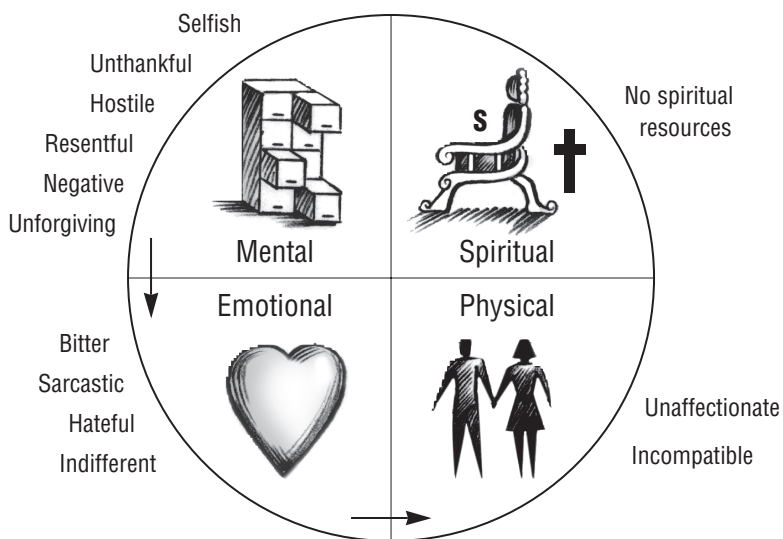
The self life



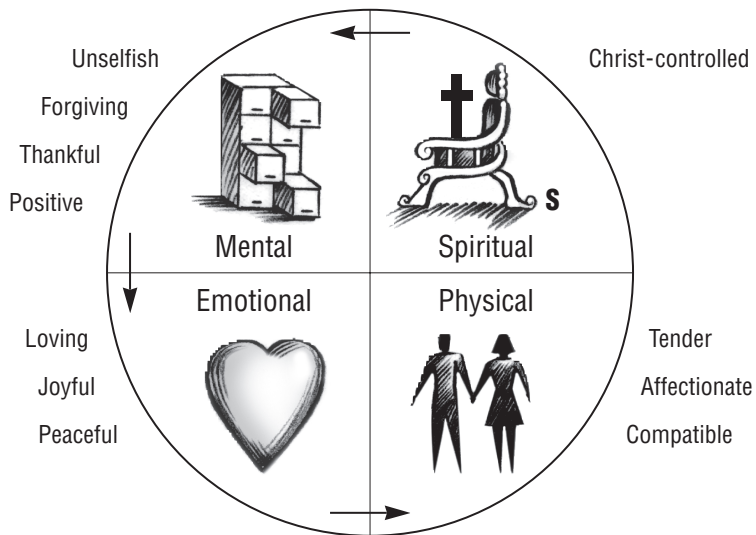
The Christ-controlled life



Attraction on two levels



The development of incompatibility



The cure for incompatibility

APPENDIX:

THE “ACT OF MARRIAGE AFTER 40 SURVEY” RESULTS

1. Participants

Approximately 800 surveys returned with equal representation between wives and husbands.

2. Your age is:

	Wives	Husbands
40–49	27%	22%
50–59	30	29
60–69	25	21
70 or older	18	28

Comment: We had a well-balanced group respond to our survey but with many more men age seventy than women age seventy and up.

3. How long have you been married to your present spouse?

	Wives	Husbands
0–10 years	7%	7%
11–19 years	12	12
20–29 years	21	21
30–39 years	25	25
40–49 years	21	21
50 or more years	14	14

Comment: 81 percent have been married more than twenty years, signifying that this group comprised couples whose marriages will go the distance.

4. How many times have you been married?

	Wives	Husbands
Once	82%	80%
Twice	16	17
Three	2	3
Four or more	0	0

Comment: Like Old Man River, the vast majority of couples are looking forward to paddling down the river of life with their first spouse. Their marriages have a greater than 50/50 chance of surviving.

5. Which statement fits you?

	Wives	Husbands
I am still married to my first spouse	76%	76%
I am divorced and remarried	14	15
I am widowed and remarried	3	5
My spouse has been married before	7	4

Comment: Not all the surveys were filled out by both spouses, which is why the results are a little different between wives and husbands.

6. How many children do you have?

	Wives	Husbands
None	5%	4%
One	8	7
Two	29	26
Three	29	27
Four	17	19
Five	7	8
Six	3	5
Seven or more	2	4

Comment: Most couples rear two, three, or four children.

7. Ages of your children

	Wives	Husbands
0–11	10%	10%
12–19	23	22
20–29	36	35
30–39	40	38
40 and older	32	32

Comment: These numbers add up to more than 100 percent since couples had children in different age groups. This is a nice cross-section of ages, but a vast majority of their children, around 75 percent, were adults.

8. What is your religious affiliation?

	Wives	Husbands
Protestant	60%	61%
Charismatic	14	14
Reformed	2	2
Mainline denomination	7	8
Roman Catholic	2	3
Agnostic	1	1
Other	14	11

Comment: A majority of those responding to this survey were evangelical Christians.

9. Do you have teenagers or young adults still in the house?

	Wives	Husbands
Yes	34%	27%
No	66	69

Comment: Teenagers in the house! That’s the way it is for approximately one-third of our survey respondents.

If so, which statement fits you?

	Wives	Husbands
Having teenagers in the house has definitely put a crimp on our lovemaking	33%	27%
Made no difference	67	73

Comment: I would have thought that more than one-third of couples would have said that having teens around put a crimp in their love-making.

10. Years of education

	Wives	Husbands
Did not finish high school	1%	4%
High school graduate	33	20
Attended 1–2 years of college	30	23
College graduate	27	32
Graduate with Masters or advanced degree	9	21

Comment: We have a well-educated group. Two-thirds of women said they have attended or finished college, and more than 50 percent of men earned college degrees or their Master’s degrees.

11. Regarding the wife employed outside the home: Which statement comes closest to your situation?

	Wives	Husbands
Wife has never worked outside the home	28%	28%
Wife has generally worked part time outside the home	42	42
Wife has generally worked full time outside the home	20	20
Wife has always worked outside the home	10	10

Comment: Seventy percent stated that the wife did not work full time outside the home.

12. What was your main source of sex education before marriage?

	Wives	Husbands
None	19%	23%
Friends	21	31
Minister	3	2
School	17	12
Reading	41	36
Other (including parents)	16	10

Comment: These numbers add up to more than 100 percent since people chose more than one answer. Twenty percent said they had no help, and around 40 percent learned sex education through reading. A small percentage said their parents taught them the “birds and the bees.”

13. What has been your main source of sex education during marriage?

	Wives	Husbands
None	13%	19%
Friends	3	3
Minister	1	2
School	0	1
Reading	75	62
Other (such as spouse)	17	17

Comment: These numbers add up to more than 100 percent since people chose more than one answer. Once married, couples said they mainly relied on books for sex education information. Our counseling experience indicates that one is never too old to learn something new about lovemaking, and no couple should be closed to the possibility that perhaps something they are doing is not in the best interest of one of the partners.

14. What books on marriage have you found most meaningful?

	Wives	Husbands
<i>Love for a Lifetime</i> by Dr. James Dobson	16%	10%
<i>The Act of Marriage</i> by Tim and Beverly LaHaye	45	44%
<i>Sex in Marriage</i> by Cliff and Joyce Penner	4	6%
Others	35	40%

Comment: I was pleased to learn so many read our first book.

15. Do you ever talk to your spouse about your sexual relationship?

	Wives	Husbands
All the time	18%	17%
Sometimes	60	64
Rarely	20	16
Never	2	3

Comment: My gut feeling is that many of those who marked “some-times” really meant to say “rarely,” based upon my counseling experience.

16. Over the last few months, what was the average number of times you had sexual relations?

	Wives	Husbands
Five or more times a week	1%	1%
Three to four times a week	11	9
Twice a week	18	16
Once a week	29	33
Once every two weeks	19	18
Once a month	10	10
Once every few months	6	5
Once in the last year	1	1
Our sex life is nonexistent	5	7

Comment: To those who said “five or more times a week,” my goodness! Seriously, 59 percent of couples said they are having intercourse at least once a week or more. I thought it was important, however, to break down the survey results by gender and age.

16. Over the last few months, what was the average number of times you had sexual relations?

Females	40–49	50–59	60–69	70 and over
Five or more times				
a week	4%	0%	0%	1%
Three to four times				
a week	13	13	7	4
Twice a week	19	18	17	10

Females (cont.)	40-49	50-59	60-69	70 and over
Once a week	29	34	29	19
Once every two weeks	25	13	17	19
Once a month	6	12	13	16
Once every few months	4	6	7	10
Once in the last year	0	1	0	1
Our sex life is nonexistent	0	3	10	20

16. Over the last few months, what was the average number of times you had sexual relations?

Males	40-49	50-59	60-69	70 and over
Five or more times a week	5%	0%	1%	2%
Three to four times a week	15	12	5	5
Twice a week	16	11	15	10
Once a week	30	43	39	20
Once every two weeks	17	19	18	17
Once a month	11	9	10	15
Once every few months	5	4	4	11
Once in the last year	1	0	0	2
Our sex life is nonexistent	0	2	8	18

17. In relation to your first half of marriage, this frequency is:

	Wives	Husbands
More	11%	10%
About the same	18	18
Less	40	43
A lot less	31	29

Comment: I expect sexual frequency to decrease throughout the course of a marriage, but as you will see in the next question, women are more content than men about this development.

18. Your current frequency of intercourse in your marriage is:

	Wives	Husbands
About right	64%	48%
Too frequent	5	8
Too infrequent	31	44

Comment: This is one of the first questions where we see a significant difference in the responses from wives and husbands. Guess what? Men would like to see frequency increase, as the next question would indicate.

19. How frequently would you like to make love?

	Wives	Husbands
Five or more times a week	2%	5%
Three to four times a week	18	21
Twice a week	20	36
Once a week	38	23
Once every two weeks	14	10
Once a month	3	3
Once every few months	0	1
Once a year	0	0
No desire	5	1

Comment: The 2 percent number for “five times or more a week” matches the number of women who have a lot of sexual desire (see Chapter 4). Isn’t it interesting how the men estimated their frequency with consistently higher numbers than the women? And the number of women exhibiting “no desire” was five times that of men.

20. To what extent have you been satisfied with intercourse?

	Wives	Husbands
Very satisfied	45%	56%
Satisfied	35	32
Somewhat satisfied	15	10
Not satisfied	5	2

Comment: People are happy with making love. Despite lower frequency, between 85 and 90 percent of women and men are satisfied. I also had these results broken down by gender and age group.

20. To what extent have you been satisfied with intercourse?

Females	40-49	50-59	60-69	70 and over
Very satisfied	52%	47%	37%	44%
Satisfied	27	29	45	35
Somewhat satisfied	16	18	16	18
Not satisfied	5	6	2	3

Males	40-49	50-59	60-69	70 and over
Very satisfied	62%	54%	62%	45%
Satisfied	27	31	31	35
Somewhat satisfied	8	12	7	18
Not satisfied	3	3	0	2

21. How often do you reach orgasm?

	Wives	Husbands
All the time	20%	67%
Most of the time	46	25
Sometimes	27	3
Never	7	3

Comment: Men still orgasm much more than women, but I found it interesting that 28 percent of men said they reach orgasm “most of the time” or “sometimes.”

22. How often does your spouse reach orgasm?

	Wives	Husbands
All the time	62%	22%
Most of the time	30	42
Sometimes	5	28
Never	3	8

Comment: If you cross-check these numbers with the last question, they are very close.

23. How often does the wife attain orgasm during sexual intercourse?

	Wives	Husbands
All the time	13%	12%
Most of the time	34	32
Sometimes	33	32
Never	20	18

Comment: These numbers are very close, so it does show that men are paying attention to their wife's sexual needs. For around half of all women, however, reaching orgasm is a hit-or-miss event.

24. How often does the wife attain orgasm by clitoral manipulation before penile entrance?

	Wives	Husbands
All the time	15%	13%
Most of the time	24	23
Sometimes	33	39
Never	28	25

Comment: Again, the numbers are fairly close, but the fact remains that half of women are fairly non-orgasmic.

25. Does the husband manipulate the wife's clitoris orally?

	Wives	Husbands
All the time	4%	2%
Most of the time	8	9
Sometimes	44	47
Never	44	42

Comment: A majority of respondents have been using cunnilingus in their sexual practices.

26. For the wife: How do you feel about being orally manipulated?

	Wives	Husbands
Enjoy it	48%	40%
Neutral	22	22
Dislike it	30	38

Comment: More women enjoy it than perhaps say to their husband that they enjoy it.

27. How often does the wife reach orgasm before the husband?

	Wives	Husbands
All the time	13%	14%
Most of the time	30	28
Sometimes	39	43
Never	18	15

Comment: If women are going to orgasm at all, they are probably going to reach climax before he will.

28. On the average, about how long must foreplay last for you to become sexually aroused?

	Wives	Husbands
1–5 minutes	26%	63%
6–15 minutes	56	32
16–25 minutes	15	4
25 minutes or longer	3	1

Comment: Guess what? Men are like microwaves and women are like crock-pots. Guys are still ready to go at a moment's notice.

29. Has the husband ever had difficulty ejaculating?

	Wives	Husbands
All the time	2%	1%
Most of the time	3	2
Sometimes	41	42
Never	56	55

Comment: Men were honest in answering this question, mirroring what wives said about them. When you look at these numbers closer, you see where 46 percent of men are experiencing some type of erectile dysfunction.

30. How often does the wife use oral stimulation?

	Wives	Husbands
All the time	2%	1%
Most of the time	10	8
Sometimes	41	41
Never	47	51

Comment: Fellatio is not a common practice among Christian couples because their wives do not enjoy this practice. At the same time, however, around half of all couples employ fellatio in their sexual relations.

31. In general, how would you evaluate your sexual relationship?

	Wives	Husbands
Very good	44%	45%
Good	36	35
Fair	12	11
Poor	4	7
Very poor	4	2

Comment: Are we happy campers in the bedroom or what? These results are above national surveys of the entire population, buttressing my argument that guilt-free sex is the best sex.

32. How would you rate your spouse’s interest in sex?

	Wives	Husbands
Very interested	75%	41%
Somewhat interested	21	50
Little or not at all interested	4	9

Comment: Well, ladies, the gentlemen don’t think you’re as interested in sex as they are.

33. Have you ever masturbated since your marriage?

	Wives	Husbands
Often	1%	6%
Occasionally	43	63
Never	56	31

Comment: Men masturbate more than women, which again is not a surprise.

34. Would you describe this as a sexually satisfying experience?

	Wives	Husbands
Yes, always	10%	10%
Yes, sometimes	30	45
No	60	45

Comment: Women clearly are not as satisfied with self-stimulation.

35. If you have masturbated since your marriage, what was the main reason?

	Wives	Husbands
My spouse was unavailable for sex	34%	46%
Coitus was not satisfying	17	2
I used it as a way of relaxing sexual tensions	33	41
Other	16	11

Comment: Very few men are going to tell that intercourse was not satisfying. If they masturbate, it's to release sexual pressure, whether the wife was available for sex or not.

36. Did you have sexual intercourse before you were married the first time?

	Wives	Husbands
Yes	38%	50%
No	62	50

Comment: I appreciate the honesty of the respondents, but this goes to show you how big a job the church has in teaching the biblical injunctions to wait until marriage.

37. Have you ever had an extramarital sexual experience?

	Wives	Husbands
Yes	7%	13%
No	93	87

Comment: I am not shocked by these numbers, based on my years of counseling practice. What these results say is that around 10 percent of Christian couples have succumbed to sexual temptation and strayed from their marriage.

38. What is your self-acceptance of your physical appearance?

	Wives	Husbands
Totally	45%	62%
Minimally	47	30
Reject	4	3
Don't know	4	5

Comment: Guys have always been accepting of their appearance, even if they have a gut hanging over their belt buckles.

39. How does your spouse accept your physical appearance?

	Wives	Husbands
Totally	75%	73
Minimally	15	16
Reject	2	1
Don't know	9	10

Comment: I'm pleased that couples, by a huge margin, accept their spouses for who they are. I hope they are communicating this aspect.

40. Do you still use birth control?

	Wives	Husbands
All the time	11%	11%
Sometimes	1	3
Never	88	86

Comment: Around 25 percent of the survey respondents were under the age of fifty.

41. Have you ever used devices for sexual stimulation in your lovemaking?

	Wives	Husbands
Yes	16%	14
No	84	86

Comment: I'm pleased that Christian couples are not running to sex shops to buy so-called "marital aids." I believe they interfere with lovemaking.

42. If so, what devices have you used?

	Wives	Husbands
Vibrator	40%	43%
Penis-shaped objects	10	10
Oils	30	27
Feathers	10	8
Other	10	12

Comment: I have no problem with couples employing oil as they massage each other, but I'm against indiscriminate use of vibrators and dildoes.

43. Have you ever seen a pornographic movie?

	Wives	Husbands
Yes	25%	53%
No	75	47

Comment: I'm surprised so many couples have availed themselves of porn, which in the last twenty years has become very easy to rent at a local video store.

44. Have you ever used erotic movies, books or pictures as part of your sexual relationship?

	Wives	Husbands
Often	0%	0%
Occasionally	8	9
Once	7	9
Never	85	82

Comment: You can't open a women's magazine these days without reading about how great X-rated videos are in "spicing up" a marriage. Hogwash! All these movies do is create a fantasy image that neither spouse can ever live up to.

45. Check the appropriate statement:

	Wives	Husbands
Pornography in our marriage is a real problem.	1%	1%
At one time we had a problem with pornography, but now we don't.	4	1
We've never had a problem with pornography in our marriage.	95	98

Comment: I'm pleased that couples have steered away from using pornography in marriage, perhaps after "trying it out" and realizing that it was not good for the marriage bed at all.

46. Check the appropriate statement:

	Wives	Husbands
Gambling in our marriage is a real problem.	1%	1%
At one time we had a problem with gambling, but now we don't.	1	1
We've never had a problem with gambling in our marriage.	98	98

Comment: Even though gambling doesn't have anything to do with marital sex, I thought this was an important question to include because gambling can wreak devastation in couples and families.

47. Have you or your spouse ever used Viagra or any other medication to ensure erection?

	Wives	Husbands
Yes, frequently	3%	2%
A few times	6	7
No	91	91

Comment: Viagra has been on the market for just a few years, and I predict its use will increase.

48. If so, how would you rate your satisfaction with Viagra?

	Wives	Husbands
Very happy	31%	25
Okay	45	47
Not at all happy	24	28

Comment: Three-fourths of those using Viagra say they are happy or okay with the results.

49. Have you or your spouse experienced impotence?

	Wives	Husbands
Yes, frequently	20%	16%
A few times	30	28
No	50	56

Comment: If you think impotency can't happen to you, look again.

50. Have you or your spouse sought medical attention for impotence or erectile dysfunction?

	Wives	Husbands
Yes	15%	15%
No	85	85

Comment: Interesting how the sexes agree on this question. This percentage is 50 percent higher than the general population, which an estimated 10 percent allegedly seek medical attention for impotency.

51. How much TV do you watch each day?

Weeknights	Wives	Husbands
None	18%	11%
1–2 hours	44	49
2–4 hours	29	32
4–6 hours	8	7
more than 6 hours	1	1

Comment: Research studies show the TV is on about seven hours a day, so these numbers are significantly lower.

Weekends	Wives	Husbands
None	13%	10%
1–2 hours	29	22
2–4 hours	24	28
4–6 hours	30	35
more than 6 hours	4	5

Comment: Couch potatoes unite! TV viewing (and video watching) jumps dramatically on weekends with 34 percent watching four or more hours a day, compared to 9 percent during the week.

52. Which statement best describes your reading habits?

	Wives	Husbands
I'm an avid reader who enjoys reading in my spare time	71%	48%
I enjoy reading, but I never have time to read a book	27	43
I am not a reader and do not read at all	8	9

Comment: Reading is a wonderful pastime. I hope it doesn't become a lost art with the next generation.

53. Which statement best describes your marital situation?

	Wives	Husbands
We still continue to court each other by having a regular date time or participating in activities and hobbies we enjoy.	61%	60%
We have fallen out of doing any romantic activities together, although we occasionally go out to dinner together or take in a movie.	37	38
We never do anything together.	2	2

Comment: These are distressing numbers. You mean 40 percent of couples are doing practically nothing to keep the romantic fires burning?!

54. How long have you been a Christian?

	Wives	Husbands
0–10 years	2%	3%
11–19 years	6	10
20–29 years	2	21
30–39 years	20	16
40–49 years	20	17
50 or more years	32	33

Comment: Our respondents have been Christians for a long time, which I'm happy to see.

55. Were you a Christian before you got married?

	Wives	Husbands
Yes	79%	78%
No	21	22

56. Was your spouse a Christian before you got married?

	Wives	Husbands
Yes	79%	83%
No	21	17

Comment: I'm pleased that so many couples were "equally yoked" in Christ when they married.

57. Which statement best describes your spiritual life?

	Wives	Husbands
Mature, spirit-filled Christian	56%	46%
Maturing Christian	43	48
New Christian	0	0
Not sure	1	5
Not a Christian	0	1

Comment: I have a gut feeling that many mature Christians marked the "maturing" category out of a humble attitude. But five percent of the men weren't sure they were Christians. Please read my chapter called "The Critical Component"!

58. Are you involved in a couple's Bible study?

	Wives	Husbands
Yes	21%	20%
No, but we have been in one in the past	44	46
No	35	34

Comment: This is a good percentage since many men and women choose to also attend men's or women's Bible studies.

59. Are you involved in a Bible study?

	Wives	Husbands
Yes	53%	43%
No, but I have been in one in the past	42	46
No	5	11

Comment: On the other hand, I think these numbers should be higher.

60. How often do you and your spouse go to church?

	Wives	Husbands
Every Sunday	78%	75%
Most Sundays	14	18
One Sunday a month	1	1
Seldom or never	7	6

Comment: Church attendance is very high, as it should be.

61. How often do you and your spouse pray together?

	Wives	Husbands
Every day	37%	40%
Several times a week	23	25
Seldom or never	40	35

Comment: I'm surprised so many said they seldom or never pray with their spouse since couples experience so many difficulties together.

62. Do you drink alcohol?

	Wives	Husbands
Yes	21%	28%
No	79	72

Comment: I'll raise a glass and toast those figures.

63. If so, how much?

	Wives	Husbands
Several times a week	19%	24%
Once a week	25	38
Once a month	30	17
Once every few months	26	21

Comment: Around one-fourth drink regularly of those who said they drink alcohol.

64. Do you smoke?

	Wives	Husbands
Yes	2%	6%
No	98	94

Comment: I'm happy that so many people are not smoking.

65. Does your spouse smoke?

	Wives	Husbands
Yes	5%	2%
No	95	98

Comment: These numbers match up for what the spouses said in question 64.

66. How many times a week do you exercise or participate in sports?

	Wives	Husbands
None	23%	21%
Once a week	19	17
2-3 times a week	34	36
4 or more times a week	24	26

Comment: Although these are good numbers, I'd like to see them higher.

67. What sports do you participate in? (Check all that apply)

	Wives	Husbands
Golf	6%	21%
Tennis	3	6
Basketball	1	3
Softball	1	3
Skiing or snowboarding	6	7
Running	2	17
Bicycling	13	19
Aerobics	13	6
Gym workouts	13	12
Walking	72	55
Other	23	20

Comment: Couples could check off more than one physical activity, which is why the numbers add up to more than 100 percent. Walking, by far, is the top category. But golf for men, as expected, is a popular activity.

68. Do you belong to a health, golf, or tennis club?

	Wives	Husbands
Yes	15%	14%
No	85	86

Comment: The country club set did not answer this survey.

69. Are you retired?

	Wives	Husbands
Yes	33%	40%
No	67	60

Comment: More are retirees than I thought.

70. If so, do you work part time?

	Wives	Husbands
Yes	33%	42%
No	67	58

Comment: Many find a part-time job to give themselves something to do.

Why?

	Wives	Husbands
To supplement our retirement income	33%	30%
To give me something to do	6	20
Because I enjoy it	61	50

71. How many vacation days have you taken in the last year?

	Wives	Husbands
None	6%	5%
One week	11	12
Two weeks	20	18
Three weeks	17	16
Four weeks	10	12
Five or more weeks	14	12
I am retired	22	25

Comment: Couples in the midlife years should have plenty of time to do things together!