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Amish Recipes

PICKLED OKRA

3 lbs. small tender okra pods

1 small hot pepper, per jar

1 clove garlic, per jar

1 pint white vinegar

1 quart water

1/4 tsp. pickling spice

Sterilize canning jars and lids. Pack okra pods into hot, sterilized jars just tight enough to have them stand upright. Put 1 hot pepper and 1 garlic glove in each jar. Combine vinegar, water, and pickling spice in a saucepan and bring to a boil. Pour boiling vinegar solution over okra, leaving 1/2 inch headroom. Seal with sterilized lids. Process in hot boiling water for 5 minutes.

Vera's Stew

2	lbs. stew meat	¹ /4 tsp. paprika
3/4	cup chopped onion	¹ /4 tsp. ground thyme
2	cups beef bullion	¹ / ₂ tsp. garlic powder
2	cups water	1/4 tsp. pepper
1	can cream of mushroom	1/4 tsp. salt
	soup	7 small potatoes
1/2	cup burgundy cooking	Small jar mushrooms, including
	wine	juice

Brown stew meat with onion. Add rest of ingredients and simmer on low until potatoes are done.

LEMON PIE

1 8-inch pie shell, cooled		1	tsp. grated lemon rind or
1 ¹ /3 cup (15 oz.) Eagle Brand			¹ /4 tsp. lemon extract
Sweetened Condensed Milk		2	egg yolks
1/2 cup lemon juice			

Put condensed milk, lemon juice, lemon rind or extract, and egg yolks into mixing bowl; stir until mixture thickens. Pour filling into cooled pie shell.

Meringue

1/4 tsp. cream of tartar, if	2	egg whites
desired	4	T. sugar

Add cream of tartar to egg whites and beat until almost stiff enough to hold a peak. Then add sugar gradually, beating until stiff and glossy but not dry. Pile lightly on pie filling and seal to pie crust all around. Bake at 325 degrees until top is lightly browned, about 15 minutes. Cool.