

A PDF COMPANION TO THE AUDIOBOOK

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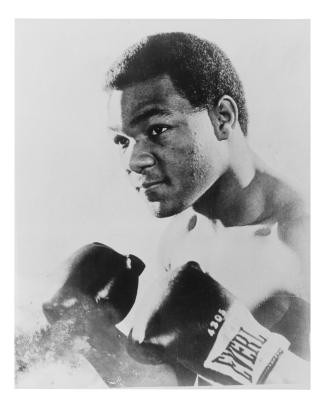
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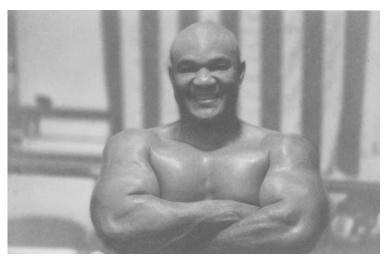
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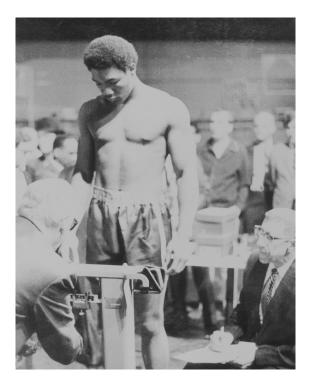
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1967, before the Olympics, and my first boxing pose. I was so happy to have this first publicity photo. $\,$



First publicity shot re-entering the ring. Starting over, a new set of pictures were needed—and the afro was gone!



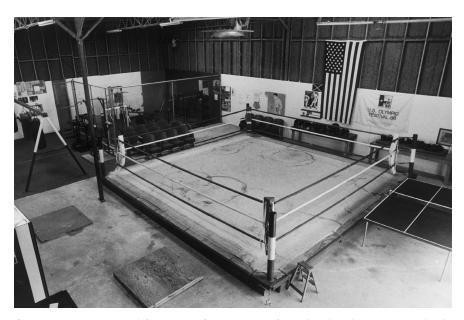
My first pro match in Las Vegas, Nevada, 1970. I weighed in at 216 pounds and received the red-carpet treatment!



George Foreman Youth Center summer camp 1995—my first whole summer working with the kids.



On my first comeback in 1976. Before the fight with Jimmy Young.



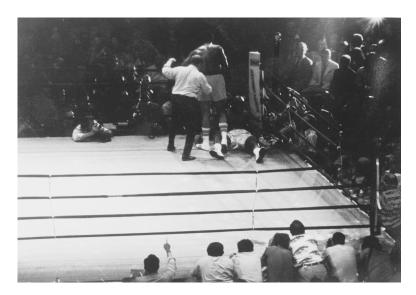
George Foreman Youth and Community Center in 1983. Some friends and I built the inside of the gym ourselves, and all of it was done around the American flag.



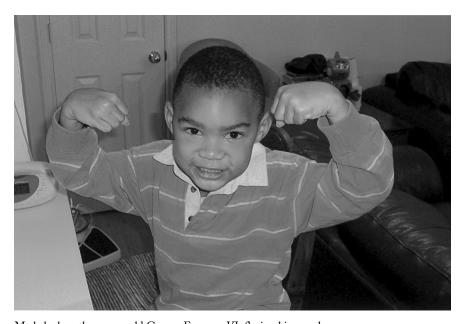
Fighting Dwight Qawi on March 19, 1988 at Caesar's Palace in Las Vegas, Nevada. This KO opened everyone's eyes: "George Foreman is back!" This fight scored big numbers on pay-per-view.



A night out with trainer Charlie Shipes in 1995 celebrating the championship of George Foreman. My mom said that all he needed was a second chance.



Frazier goes down in Long Island, New York, 1976—our second rematch. I was cruel, standing over him, and the crowd booed!



My baby boy, three-year-old George Foreman VI, flexing his muscles.



Me and Muhammad Ali at his Beverly Hills home in 1984 reading the Holy Bible.



Outside a church in 1976, the first time I met my biological father, LeRoy Moorehead.



Acting crazy with Red Fox in 1976. The acting bug bit me, and in 1993, I got my own TV show "George."



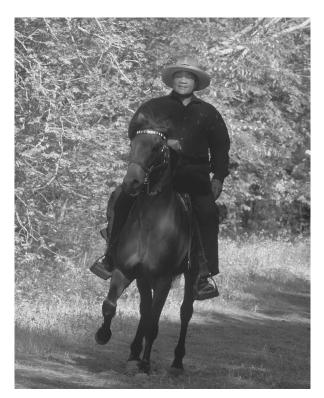
Los Angeles area City of Hope event in 1995 honoring George Foreman with Dick Sadler (left) and long-time friend, Barney Oldfield.



With Don King in 1975. There were no other boxers or managers who wanted to work with Don King until I gave him his big break in 1976.



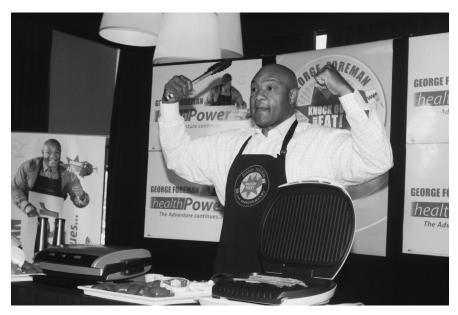
Playing with my tiger on the ranch in 1976 while in training for my fight with Jimmy Young.



On a trail ride in 2005 with my horse, CoCo, doing what I love.



My days as a street preacher in Houston, Texas, 1978. I was no longer afraid to use my name.



The king of the grill in Australia, 2006. Over a hundred million sold worldwide!



The team that took me to the title in 1973: Archie Moore (left) and Dick Sadler during our preparations for Joe Frazier in Kingston, Jamaica.



1995 AIDS benefit in Los Angeles with the Reagans. All of us, former presidents and celebrities, had one thing in common: the desire to find a cure for AIDS.



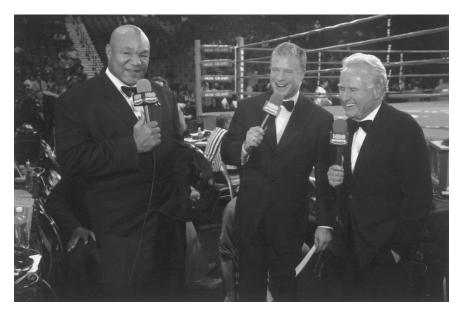
A picture of my mother and two sisters in 1995. From left: baby sister Mary Alice, mother Nancy Foreman, and Willie Foreman.



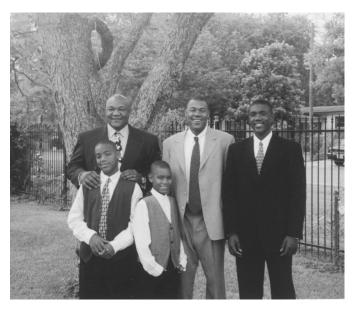
With my daughter, Freeda George Foreman, before a boxing match.



With Sammy Davis Jr. at Caesar's Palace in 1976. Sammy was the first man I heard say, "You got to make them love ya!"



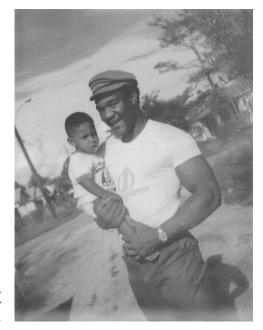
The HBO boxing commentary team in 1997: Jim Lampley, Larry Merchant, and me. Larry, Jim, and I were friends, and we had many laughs.



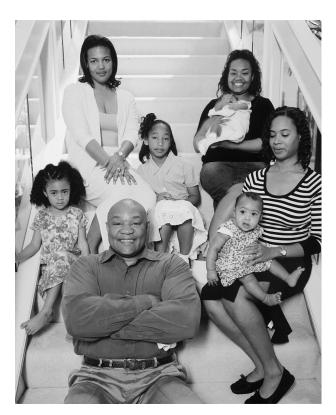
Father's Day with my sons, 1997. It was the first time I could have them all together on Father's Day when I was not traveling. To my left: George Jr., and Monk. My hand is on Bigwheel and then Red.



With Howard Cosell and Joe Frazier. "The Stare Down" before the 1976 bout. Frazier always smiled, but I did not.



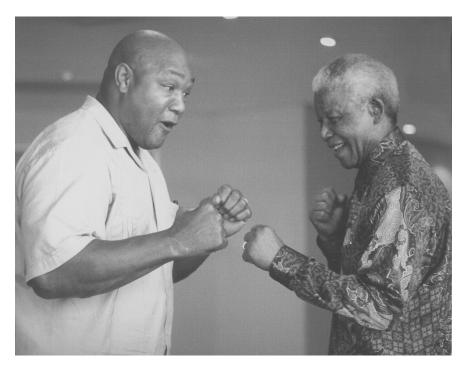
In 1970 with my one-year-old nephew, George Edward Dumas: the nephew for whom I prayed and gave up my life.



With my four granddaughters, two daughters, and my daughter-in-law in 2003. From left: wearing the floral dress, Pamela Foreman, the daughter of George Foreman, Jr.; Freeda George Foreman with her daughter, Justice Foreman; Georgetta Foreman with newborn Jessica Jolie Rubin; daughter-in-law Anika Foreman (wife of George Jr.) with daughter Brooke Foreman.

My mom's new home in 1971. The first and last time my whole family was together for photos. From left: Robert, Gloria, me, sister Willie, Kenneth, Mary Alice, and Roy.





First meeting with Nelson Mandela in South Africa, 2004. He is a bigger boxing fan than I could have imagined.



One more day for the Foreman boys, 1996.